

The LifeLine

St. Paul's Hospital Staff Newsletter



ST. PAUL'S HOSPITAL

A Community of Health, Hope and Compassion for All



Rooted and Visionary

If a poll were conducted in Canadian society asking people to rank groups in terms of being progressive, I suspect the results would show that Canadians do not think religion is progressive. I'm sure there are ways this is true. Religions hold on to time-honored values, which is a good thing, but are also prone to holding on to outdated practices.

There are other ways in which religions can be quite progressive. St. Paul's Hospital is an example. There was a need (typhoid fever epidemic), so people, following the lead of the Grey Nuns, founded the first hospital in Saskatoon in 1907.

Two years later there was a need for more nurses, so they founded a school of nursing.

Three years later, they needed a larger building so they built one.

The Grey Nuns were leaders in innovation, in collaboration with healthcare professionals and the community. They quickly adopted the latest and best technology as soon as it was feasible, with only one proviso: that it was for the good of the patient.

But what does this have to do with religion, you might ask? Well, something very fundamental, it turns out. It boils down to motivation, to the heart of the matter. For the Grey Nuns, the reason they cared so much was their belief in the fundamental God-given dignity and value of each and every human being — an inalienable dignity and value.

For them their religious faith informed everything. This sick person is not just a person with a sick body, but someone who is whole and entire — mind, body, spirit, who is a member of a family, someone's friend. It is someone who has dreams, joys, hopes, as well as worries, sorrows, and fears.

They understood viscerally that someone who faces storms in their life that threaten all of this needs to find support in that which is not built on sand but on bedrock. For them personally, spirituality was a guiding light as well as a fountain of life and strength from which to draw the ability to love and serve even in difficult times.

But it was also something that they supported and encouraged in others. They understood that there would need to be providers of spiritual care and left a substantial legacy fund to St. Paul's in order to help provide the necessary salaries. They also knew that these providers would need adequate training, and founded a program of Spiritual Care Education that has existed for 25 years.

It is often pointed out that you do not have to be religious to be spiritual. No matter what your source of spiritual strength, if it is working well for you, you will be able to remain rooted in core values, and able to be a progressive visionary, just as were the Grey Nuns.

-- Brian Zimmer, Director of Mission

Saskatoon's RC Diocese Has a New Bishop

Pope Francis named the Bishop Mark A Hagemoen as our new Bishop on September 11. At the time of his appointment, he was Bishop of the Diocese of Mackenzie-Fort Smith.

Bishop-elect Mark Hagemoen was born and raised in Vancouver. After completing his B.A. at UBC, he travelled throughout Southeast Asia, the Middle East and Europe for a year, before entering St. Peter's Seminary in London, ON. He was ordained priest in Vancouver in 1990.

Bishop Hagemoen succeeds former bishop Donald Bolen who was appointed Archbishop of Regina on 11 July 2016.



Overhead Prayers at SPH

The overhead prayers at St. Paul's have been re-recorded, and were launched September 19. Special thanks to those who donated their time:

- Diane Boechler (Office Coordinator at the Mission Office),
- Brian Walton (recently retired Teaching Supervisor for Clinical Pastoral Education),
- Beata Berkum (Lab Tech at SPH, also actress "Tinfoil Hat Lady"),
- Brent Blazeiko (also known as tBone from the Sound Lounge).

St. Paul's Hospital Mission Office



Vision Mission Values

The LifeLine

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for and by its employees.

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Rooted and Visionary in a Changing World — SPH Board



Seated: (L to R) : Darryl Bazylak, Robert (Bob) Kirkpatrick – Past Chair, Sr. Emiline Pena, Dr. Hugh Wood. **Back Row: (L to R) :** Dr. Sarah Oosman, Gene Dupuis, Pina Melchionna, Don Tofin, David Eberle, Doug Schmeiser, Chris Boychuk – SPH Foundation Chair, Lise de Moissac – Chair, Dr. Bruce Berscheid, Jean Morrison – President & CEO. **Missing:** David Patola – Vice Chair.

St. Paul's Gift Shop Would Like Your Feedback

St. Paul's Hospital Gift Shop serves you – SPH employees, patients, and visitors. The staff and volunteers in the gift shop would like your feedback. How are we doing? Do we provide the items you need? Do you have any suggestions for items to carry? Is the staff courteous and helpful? Please tell us how we can best serve your needs.

Drop your comments off in the box in the Gift Shop or at the Foundation office. Thank you for taking the time to share your thoughts!

Did you know that the proceeds from the Gift Shop support staff professional development at St. Paul's Hospital? We appreciate your support!

Exceptional People.
Extraordinary Care.

St. Paul's Hospital Chair Announcement

St. Paul's Hospital (SPH) is pleased to announce the appointment of Lise de Moissac as the new Chair of the Volunteer Board of Directors. Ms. de Moissac has served as Vice-Chair of the SPH Board of Directors from 2015-2017, and became Board Chair on June 29.

An accounting and finance professional, Lise de Moissac is the Executive Vice President and CFO for Affinity Credit Union where she is charged with leading financial strategies. In addition to her role with St. Paul's Hospital, Lise has been a member of the Saskatoon Health Region joint Audit and Risk Committee and also serves on the boards of Saskatchewan Blue Cross, Concentra Bank, and Meewasin Foundation.



Vision: Meeting Unmet Needs — SPH Foundation Board



Standing Centre (l-r) Lise de Moissac (SPH Board Chair), Chris Boychuk (SPH Foundation Chair); Seated (l-r) Colleen Cameron-Bergan, Darlene Cooper (Secretary), Mercedes Montgomery, Arlene Jorgenson; Back Row (l-r) Candace Wasacase-Lafferty, Neil Weber (Vice-Chair), John Agioritis (Past Chair), Jean Morrison (SPH President & CEO), Dr. Arne Paus-Jenssen, Bruce Acton (SPH Foundation CEO), Shari Watson, Dr. Vivian Walker, Alan Koop (Treasurer)



Parkade Update

The current efforts in the SPH Parkade are expected to last until mid to late October. Despite significant progress with scheduled repairs for this season we have experienced some delays along with added repairs. We apologize for the inconvenience.



Medical Library Opens at SPH

The patient and staff medical library opened its SPH location Monday September 18. It is located at the foot of the stairs to the cafeteria.

Thanks to everyone for their patience during renovations.

**Watch for the Grand Opening
Wednesday October 4, 1100—1300.**



Driving Fore Prostate

St. Paul's Hospital staff proudly supports fundraising for the Leslie and Irene Dubé Urology Centre of Health by participating in the 2017 Driving Fore Prostate Golf Classic on July 18 at Dakota Dunes Golf Links.



SPH Maintenance team – Kelvin Mykytyzn, Dean Meunch, James Saxinger, and Owen Westad



Saskatoon Urology Associates – Dr. Paul Hartman, Dr. Shari McKinny, Dr. Peter Lau and Dr. Paul Weckworth



5B would like to thank all staff, patients and visitors that supported our bake sale in July for MS research.

We have a staff member that has been diagnosed with MS and this was our second annual bake sale to raise money for her MS Bike ride that she does in Waskasui every September.

Our goal this year was to raise \$1000 and we were able to raise over \$1100 thanks to all the support from SPH.

We plan on doing this an annual bake sale and really appreciate the support we received this year.

-- Submitted by Shantel Schroh

Christmas art & craft sale

Showcasing SPH Employees

Date: Thursday, November 30th 2017

Time: 9:00am—5:00pm

St. Paul's Hospital (Main Lobby)

15% of sales will be donated to St. Paul's Hospital Foundation.




For more information contact Michelle @ 655-5929 or Marlessa @ 655-0514



IMPORTANT NOTICE FOR ALL STAFF, PHYSICIANS & VOLUNTEERS



Please watch for oncoming service traffic when traversing the Level 0 (cafeteria level) hallway between A-wing and C-wing. Staff may be pushing supply carts or driving other equipment and may be unable to quickly come to a stop. Please be careful. Your safety and the safety of others is important.



Service Elevators
For Supply
And
Patient Transfer

**REMINDER TO ALL STAFF,
PHYSICIANS AND
VOLUNTEERS**

If you see this sign above the elevator call button, please **ONLY** use these elevators if you are transferring supplies or patients.

These are **NOT** general staff elevators. Please use the public elevators instead.

Mark in Your Calendar

Mission Week.....October 10—13
 SPH Video screenings Oct 10
 Mission in Action Awards Oct 11
 Feast Day Oct 12
 SPHF Prof Dpmt Awards Oct 12

Long Service Recognition....October 23

Spiritual Care Week.....October 23—27
 Take Care of Spirit gathering Oct 24

WF Mitchel Bioethics November 2

Craft Sale November 30

Advent Service.....TBA

Christmas Day Singing....December 25

A Note on Spiritual Care

September 27 marks the last day that Spiritual Care will be funded in SHR, a result of the funding cuts in the provincial budget for 2017—2018.

Spiritual Care at St. Paul's is not publicly funded, and will continue as usual. The SPH department will take over the registration of community faith group clergy and volunteers.

Nevada Winners

Ann Meyer Retired dietary
 Elly Johnson HLA Lab
 Peter Saccucci Housekeeping
 Donna Skwark Sterile Processing
 Loraine Sovyn SPD
 Visitor
 Jack Girling (2x) Maintenance

The Gormley Gathering

for St. Paul's Hospital Leslie & Irene
 Dubé Urology Centre of Health

Cocktail Party

5:30 PM - 7:30 PM
 Monday, September 25th, 2017

Persephone Theatre
 100 Spadina Crescent East

Dress Attire: Business Casual

EARLY BIRD
\$100 PER TICKET

\$150 PER TICKET
AFTER SEPT 1ST

Call 655-5821 or
www.sphfoundation.org/gormley



Recycling by the Bale!



St. Paul's receives a lot of supplies, many of which arrive in cardboard boxes. We have a cardboard baler (right) that created this bale, one of two or three produced each week to be recycled.

We are happy to announce Joseph Saucier as the winner of the Roughrider birdhouse from St. Paul's Hospital Foundation's Donor Appreciation Luncheon draw! Joseph is a long-time volunteer at St. Paul's Hospital, and we are grateful for all that he does for our Hospital and community. Thank you very much Joseph, and everyone who attended the luncheon in May!



Trauma Informed Care

What is it?

Trauma Informed Care is an organizational structure and treatment framework that involves understanding, recognizing, and responding to the effects of all types of trauma. Trauma Informed Care also emphasizes physical, psychological and emotional safety for both consumers and providers, and helps survivors rebuild a sense of control and empowerment.

Impact of Trauma

No one is immune to the impact of trauma. Trauma affects the individual, families, and communities by disrupting healthy development, adversely affecting relationships, and contributing to mental health issues including substance abuse, domestic violence, and child abuse. Everyone pays the price when a community produces multi-generations of people with untreated trauma by an increase in crime, loss of wages, and threat to the stability of the family.

Become Trauma Informed

Becoming “trauma-informed” means recognizing that people often have many different types of trauma in their lives. People who have been traumatized need support and understanding from those around them. Often, trauma survivors can be re-traumatized by well-meaning caregivers and community service providers. ... Understanding the impact of trauma is an important first step in becoming a compassionate and supportive community. (Taken from <http://traumainformedcareproject.org/>)

There are many forms and degrees of trauma, of course: bullying and abuse (emotional or physical), residential schools, accidents, domestic trauma, etc. Although not everyone who has experienced trauma has PTSD, they can be easily and inadvertently re-traumatized.

Want to learn more?

Contact SHR’s **Erin Beckwell** (Policy Analyst/Knowledge Translation Specialist)

Or visit sites like these:

- <http://traumainformedcareproject.org/>
- [The Trauma Toolkit](#) (Klinic Community Health Centre, Winnipeg)
“People who have experienced trauma are at risk of being re-traumatized in every social service and health care setting. The lack of knowledge and understanding about the impact of trauma can get in the way of services providing the most effective care and intervention.”
- [Trauma-Informed Practice Guide](#) (BC Centre for Excellence in Women’s Health)
- <http://www.socialwork.career/2014/05/core-principles-of-trauma-informed-care-key-learnings-1-of-3.html>