

The
LifeLine
St. Paul's Hospital Staff Newsletter



ST. PAUL'S HOSPITAL
A Community of Health, Hope and Compassion for All

...an Emmanuel Health Organization

We Are Our Stories

There are many ways to look at our lives. We can review our resume. We can make a list of events. We can enumerate how much money we've made. We can point out places we've traveled.

Or we can tell our stories.

The stories of our parents. The stories from our childhood. The story about our first trip away from home. The story about how we met our spouse. The story of how we ended up at our current job. The story about how we got that scar on our shoulder.

Our life is made up of stories. Hundreds and thousands of stories.

What are your favourite stories about your family? What are the stories you find yourself telling over and over?

Our stories are powerful because they reveal how we see our lives; they inform how we perceive the world and the very practical daily decisions that we make. Stories exist in the past *but they exist to inform our present experience and future plans.*

Think of your work here at St. Paul's Hospital.

You can tell stories about the dangers of working in Pleasant Hill. You can tell stories about poverty, addiction and violence. You can tell stories about the SHA and AIMS. You can tell stories that make it hard to get out of bed in the morning.

You can also tell stories about why you got into healthcare. You can tell stories about how you love to care for people and how every time the doors of St. Paul's open, there are new opportunities to offer your gifts to the world. You can tell stories about the Love Cart, feasts, celebrations and that time your co-workers sang happy birthday.

The stories we tell are the stories of how we see our lives.

Paul Costello, author of *Our Stories Rise Up*, says that if we change the stories we tell, we can change our lives.

This summer, make mental a note of the stories you are telling. Don't judge them. Just be aware. Are your stories giving you life? Do they reflect who you are? What new stories would you like to tell?

— *Blake Sittler*
Director of Mission

The LifeLine



St. Paul's Hospital

St. Paul's Hospital Mission Office



Vision Mission Values



Emmanuel Health

A Catholic Health Organization

Published for and by the employees of St. Paul's Hospital

#1702—20th Street West
Saskatoon, SK S7M 0Z9

www.stpaulshospital.org

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Archives Antics

It looks like we were not the first cohort of staff to consider a crack at Christmas in July!

In this photo dated circa 1972, an unknown Santa arrives at St. Paul's Hospital with then Miss Teen Saskatoon. And while Google can tell you a lot of things, it is not proficient in recalling who was Miss Teen Saskatoon in 1972!



Jesus statue in park on corner of Ave P S. and 20th Street. Circa 1964. The Jesus statue centennial is this Fall 2024.



The Stories We Could Tell

On June 12, nearly forty SPH Managers gathered for their annual retreat at Queen's House. What a privilege it was to journey alongside this team and reflect on the power of our career launch stories and where we all are now.

As part of my own reflection, I was reminded that I initially wanted to be an accountant (because I thought that's where the money was!), and then a lawyer (again, thinking about money), and landed in social work. How did that happen? (See picture, right).

Well, life experience made that happen. In my early years in University, I had the opportunity to volunteer at Crocus Co-op, Elizabeth Fry Society, and as a volunteer probation officer. That is what happened.

So many transformative experiences, walking hand in hand with people who had few supports to advocate for them and assist in complex system navigation, but most of all, had limited supports and few people to listen with compassion. I am so grateful I chose the path I did. I have been rewarded many times over with the privilege of bearing witness to the pain and trauma of others and have been given the honour of providing support.

My journey has transformed me as a human and upon reflection, I am grateful. As I enter the 'latter' leg of my career, my cup continues to overflow with gratitude for this amazing

community and team at St. Paul's Hospital. In sharing these journeys, I understand clearly why St. Paul's is filled with compassion and why people stay here or often return. Because there is no place like home. Thank you.



Tracy Muggli, Executive Director
MSW, 1996

Front Entry Construction Update:

The project has moved indoors in recent weeks. What we will begin to see is a little more disruption in people flow. Our team is working hard with Graham Construction and have a plan to ensure the patient journey throughout our possible is the best it can be under the circumstances.

Thank you for your continued kindness in supporting patients with their navigation throughout our facility!

The Ethics of the Stories We Tell Ourselves

The W.F. Mitchell Bioethics Seminar was held in Pylypchuk Hall with Paul Costello, the founder of *Storywise*, presenting on, “The Ethics of the Stories We Tell.” Approximately 30 people attended the seminar in person in St. Paul’s Hospital’s Pylypchuk Hall, with 30 more joining via Webex.

Mr. Costello began the seminar by emphasizing that “if you want to change the world, you have to change the story – to see the world through the prism of meaning making and through the prism of interpretation because one story can mean a million things. Our stories somehow create what our world means to us, and then how we respond, how we choose, how we react.”

Through the sharing of stories, Mr. Costello highlighted that different cultures treat storytelling in different ways. Western culture often devalues the personal nature of stories, while Indigenous cultures have a tradition of valuing stories as maps of how we live that are shared through an ethical code that gives the storyteller the power to share or not share the story.

Emphasis was placed on the ethical imperative to ensure that when decisions are made, the stories of the people most affected by the decision have been shared. This in turn leads to the articulation of an ethical position: “I must be able to tell the story in front of the people most likely to be affected by it.”

The seminar ended with a question and answer period. Mr. Costello reminded participants that each of us has an amazing story, the telling of which is good for us and for the people around us. He proposed that there is a story contract between listener and storyteller.

“People will listen to you to the extent they feel you have listened to them. And another part of that contract is: listen so that you draw out of the person speaking to you the very deepest, precious, cherished story that they want to tell. The teller’s responsibility is to tell the story in such a way that it draws the listener into that sacred space of your deepest longings and your deepest desires and what you want for your life.” He closed by encouraging St. Paul’s Hospital to create ways for stories to be shared to help us to live more ethically and to be amazed by one another.

The seminar was made possible by the W.F. Mitchell Endowment which is stewarded by the St. Paul’s Hospital Foundation. William F. Mitchell was a Saskatoon businessman, who recognized the value of ethical reflection both in the business world and in health care. The recording of the seminar is available below. The W.F. Mitchell Endowment was also engaged to help bring Paul Costello to the St. Paul’s Hospital Manager Retreat and the Diocese of Saskatoon’s Catholic Pastoral Centre staff.

St. Mary's Parish Garage Sale

On Friday, August 16 from 8am-4pm and again on Saturday, August 17 from 8am-2pm, St. Mary's Parish is hosting a garage sale. There will be a free BBQ hotdogs on Friday at noon.

Donations of small, clean saleable household items (no clothes or footwear) in good condition will be gratefully accepted.

Drop off items - North Parish Hall door from August 6-14, 10 am-12 noon

OR

Arrange for pick-up - call the Parish office 306.244.2983 from Aug. 6-14.



Schwartz Rounds—more than a free meal!

Another successful Schwartz Rounds was held on May 2 in Pylypchuk Hall. The first 80 attendees received a free meal!

The topic was “When Your Role Changes” and the panel consisted of Kerri Dolgopol, Manager, 5th Med & Palliative Care, Evan Brotzel, LPN, Ambulatory Care, and Dr. Mark Fenske, Physician, Internal Medicine.



SHA Translation Services

Did you know...

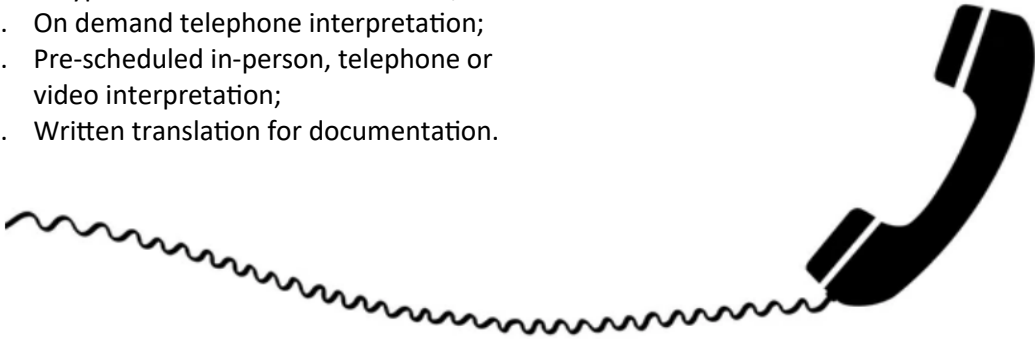
- 911 Interpreters is the contracted international language and translation service within the SHA?
- 228 languages are currently available (a listing of these languages is available on the SHA intranet)

Three types of services are available 24/7:

1. On demand telephone interpretation;
2. Pre-scheduled in-person, telephone or video interpretation;
3. Written translation for documentation.

How do you access these services? On the SHA Intranet, under Departments & Programs go to Community Engagement & Communications, click Translation Services

Here you will be able to access all the forms required and the work standard 'Accessing SHA Translation and Interpretation Services'.



Translation requests

- On-demand telephone interpretation (requires unique **access code**): 1-855-975-0580
- Submit a request for **in-person** translation (Including **American Sign Language - ASL**)
- Submit a request for **pre-scheduled** translation (Including **ASL**)
- Submit a request for **written** translation (Note: **Charges for this service will be billed back to the requesting department**).
- Submit feedback to translation services

Community Day 2024

Community Day 2024 was—simply put—a huge success! The sun came out and a gentle breeze kept things fresh on the newly cut lawn out back.

Around 650 students from local elementary schools came out to the lawn on the north side of the hospital to take in activities ranging from yoga and checkers to dancing and laughing to the millions of bubbles blown that day.

Entertainment included magicians, jugglers, clowns, storytellers and kind-hearted staff who came out to volunteer at face painting or beanbag toss.

We also had representation from the Remai Art Caravan, the University of Saskatchewan Huskies, firefighters, Saskatoon Police Services and some of our colleagues from the Royal University Hospital.

Community Day does not just happen. Logistics include committee meetings, food, water, city permits, insurance, waivers, bubbles, cheques, tables and chairs, porta-potties, extra staff, fencing, tents, hand wash stations, stages, audio and this year, new t-shirts thanks to Crafty Squirrel Studio!

A huge thanks goes out to our sponsors: Affinity Credit Union, Cameco, the Saskatchewan Union of Nurses, and Gene Dupuis.

Thanks also to the many departments who were so necessary to make this and every Community Day a success, including Nutrition and Food, Maintenance, Housekeeping, Grounds, Admin, Mission, Protective Services and all the various staff and students who came out to give of their time on a day that meant so much to so many! See a few photos of the festivities on the next page...





St. Paul's Foundation Annual Donor Appreciation Luncheon

St. Paul's Hospital Foundation extended their gifts that have been received, and extend heartfelt gratitude to dedicated donors at that support to our dedicated healthcare the Annual Donor Appreciation Luncheon, held on May 7 at the Western Development Museum.

The Luncheon featured presentations and performances from professionals who work at St. Paul's Hospital and the Hospice at Glengarda, and highlighted how the committed support of donors is changing lives in our community. The Foundation is

honoured to have the opportunity each year to express their gratitude for the thoughtful healthcare teams and the patients that they serve.

"We are so proud to be able to provide such cutting edge technology and excellent care to our patients. We are the first and only program currently in Western Canada, and one in a handful of centers in the country, to offer this type of surgery. We are working... to broaden the adoption of robotic surgery in other major Canadian centres by sharing our knowledge and skills," said Dr. Coutsinos.



Dr. Jayden Cowan, Dr. Derek Boechler, Dr. Richard Bigsby, Dr. Heather Sirounis, Dr. Dimitrios Coutsinos, and Dr. Vicky Loessin and their matching team shoes!

How to Help a Community Member

Do you know what to do if you find an individual unwell or injured outside on hospital grounds?

If an individual is found injured or unwell outside on hospital grounds:

Call 911 immediately and give your location and details to the 911 operator.

Contact or have someone contact Switchboard at 306-655-5499 to have

Protective Services officer alerted, and if appropriate, to call a Code Blue.

If you are unable to call for assistance from your location, go for help.

If this is a code blue situation, and you have the skills, knowledge and ability, start performing CPR. If you have training use an AED as soon as one is located.

If it is safe to do so, stay with the individual until EMS arrives.

St. Paul's Hospital Gift Shop Moving!

BREAKING NEWS

Due to the SPH Front Entry Construction Project we will close the doors in our current location on **Friday, August 30, 2024**



Grand Re-Opening Date in the new location: TBA



SPHFoundation.org

Give Generously

First Nations & Metis Health Office Relocating

We want to inform all staff that our office will be moving from the Main Floor of St. Paul's Hospital to a new location on the fifth floor of B-Wing, Room 5.4.18. The move will take place from June 27-July 5th, and we plan to be fully operational from our new location by Monday, July 8th.

This temporary relocation is necessary due to the ongoing St. Paul's Hospital construction project. We appreciate your understanding and look forward to welcoming you to our new office space soon!

Introducing *Pikiskwe* Pals

We are also thrilled to announce the launch of *Pikiskwe* Pals (pronounced Peek-skway, meaning Talking Pals), a new initiative led by our Cultural Support Worker, Vernon Linklater.

This program aims to create a welcoming space for patients, families, and staff to engage with Indigenous culture and knowledge.

Starting June 25, Vernon will be available every Tuesday and Thursday from 2:00 PM to 4:00 PM. During these hours, you can speak with Vernon to learn more about Indigenous culture, discuss Indigenous ways of knowing, or simply sit and converse.



Photo courtesy of SPH Foundation

We believe this program will enrich our community and foster greater understanding and respect for Indigenous traditions while also increasing awareness of our important services in the hospital.

A Love Child?

SPH has been robbed! And we couldn't be happier! Below is the e-mail from Lisa Alspach, ED of St. Peter's Hospital in Melville:

"Our Mission Committee shamelessly stole your Love Cart idea...It debuted today and was a great success. I have invited our Mission Committee to think of a monthly staff appreciation gesture and they really took me up on the challenge! Thanks for the inspiration!!"



Supply Chain Going Live on July 1, 2024

Customers (YOU) only need to change how you order; all core Supply Chain services will remain unchanged, without interruption.

All orders for supplies MUST be submitted through AIMS

Orders through 'legacy systems' (P-Suite, Dynamed, Ormed, other) will no longer be accessible by Supply Chain teams – DO NOT order through this channel after **June 27**.

Orders via phone, fax, email, walk-ins, etc will NOT be accepted once AIMS is live

Only staff with a requisition license are able to submit orders – **please ensure your team understands how to order, and through whom. All orders (including Stores/Stock) will now require authorized approval.**

The AIMS system will route orders to the appropriate individual for review and approval.

Supply Chain won't receive orders that have not been approved.

Lead times for processing orders is dependent on approval.

Please ensure your team has an approval process that aligns with your order practices and schedule.

Contact your local Supply Chain Operations team for guidance on critical and urgent after hours orders.

Supply cart labels are new, but cart restock schedules, products, and locations are not changing

If an item is on backorder through Stores, new tags will be placed on supply cart bins/ locations to alert customers of the temporary shortage; once stock is restored, carts will be replenished

If an item is on backorder through Stores, and not on your supply cart, customers will be required to reorder until it can be filled;

MyConnection is our new 'service desk' – updates on order status, requests for additions to inventory, contract questions, etc. AND general process inquiries ("how do I...") are best directed through MyConnection for accurate, timely responses

Grand & Toy and DCM order processes remain the same, and will not be processed through AIMS

Ensure you complete your training! Further detail will be offered within the training modules and will be critical to a successful transition to our new system!

Expect some service delays in the first few weeks, as Supply Chain teams adjust to new workflows, new processes, and new systems. If you have any questions leading up to July 1, please contact your local Supply Chain teams for additional info and guidance.

Saskatchewan Professions in Infection Control (SASKPIC) Conference

The SASKPIC Executive Committee invites you to the 2024 SASKPIC Fall Education Conference and General Meeting!

Please note the following housekeeping items :
Special Dietary Needs—please speak to a WDM staff member/server to receive your meals if you have indicated special dietary needs.

Vendors—please take the time to visit vendors during morning nutrition break and lunch break as they will not be here for the afternoon session.

Rooms—a block of rooms has been set aside September 12 and 13 at the Sandman Signature Saskatoon South (2815 Lorne Ave) at rate of \$139 per night.

Please call hotel directly at 306-518-7263 and provide the following:

Block Name: Saskatchewan Infection Control

Block ID: 386111

Block code: 2409SASKAT

Conference Fees: \$100.00 (\$120.00 after August 25); \$60.00 for students

Breakfast, lunch and nutrition breaks included.

Please make cheque payable to **SASKPIC** and mail to:

SASKPIC c/o, Treasurer
1339 N Smishek Dr.
Regina, SK S4X 4N7

Etransfer also accepted:

ipacsaskpic@ipac-canada.org



**SASKPIC Fall Education
Conference
And General Meeting**

**All About Infection
Control
Professionals**



Friday September 13, 2024

**Western Development
Museum
2610 Lorne Avenue,
Saskatoon, SK**

Medical Student Experience of Healing Arts

The St. Paul's Healing Arts Program embodies the essence of multidisciplinary healing practices by promoting artistic expression within a healthcare facility.

This program exemplifies how holistic care can seamlessly integrate healing modalities to enhance not only one's physical health but also mental and spiritual well-being. Though my time at the Healing Arts program was brief, I cherished every moment spent witnessing patients and their families enter a realm of creativity through artistic practice.

Whether it was creating meaningful paintings for loved ones in palliative care or engaging in creative expression during treatment intervals,

I had the privilege of accompanying individuals through their unique journeys, with each individual navigating their own experiences and healing.

Engaging in my own artistic creations, (seen below) I found myself losing track of time, which allowed me to immerse myself in my art and reminded me the importance of integrating artistic practice in my routine as a source of self-care throughout my medical training.

Submitted by Valiyah Khurshid, a student in the College of Medicine on her Community-Based Learning Experience (CLE) module during the 2023-2024 academic year.



City to Fund Washrooms in Pleasant Hill, Riversdale

This article is a news release from May 29 posted by Saskatoon City Council

Following a discussion of several options, City Council today approved the purchase of a used washroom trailer to provide a staffed, all-day service for the Riversdale and Pleasant Hill neighbourhoods. Council also approved funding to provide staffing at a riverbank washroom location and for extra public access to drinking water.

“Like many other communities in Canada, Saskatoon is being impacted by an increase in residents who are experiencing homelessness,” says Pamela Goulden-McLeod, Director of Emergency Management. “We’re encouraged with Council’s decision because there’s been a widening gap in services and resources -- including access to public washrooms and drinking water -- for residents in need.”

The options are expected to cost approximately \$700,000, with the money coming from the Reserve for Capital Expenditures. Administration will be diligently looking for cost-saving options.

Two community partners have expressed an interest in working with the City on this project. These partnerships are expected to impact some of the planned resources and will lower the project's cost.

Council heard the City already provides

public washroom options in neighbourhoods throughout Saskatoon. The approved options would help increase access to washrooms in neighbourhoods that do not have this service and, in turn, would minimize the overall impact on one single washroom location. The overnight winter warming location that operated at St. Mary’s Hall provided a washroom facility. With the seasonal closure of the warming centre, Pleasant Hill and Riversdale do not have an all-day service – which was in great demand.

“There is significant need for washroom resources and one location could be overwhelmed quickly,” says Goulden-McLeod. “This was learned from the post-action debrief regarding the St. Mary’s overnight warming location this winter.”

The washroom trailer is expected to be available in about a week’s time. The Riverbank location, once confirmed, could be staffed in June.

Council also committed to fund a continuation of misting tents to help prevent heat-stroke and heat-related illnesses, critical to the City’s Extreme Heat Emergency Response Plan. A pilot project for a water-bottle filling station last year at the Westside Clinic was successful; Council now supports three new water bottle filling stations on top of the established distribution of bottled water for those in need.

What is Green Shirt Day? The Logan Boulet Effect

On April 6, 2018, Canadians were heartbroken to hear the news of the Humboldt Broncos bus crash. The next day, Broncos defenceman Logan Boulet succumbed to his injuries. His parents, Bernadine and Toby Boulet offered to donate his organs so that six lives could live on. They did so because Logan told his parents he was registering as an organ donor and that he was inspired by his coach and mentor Ric Suggitt. Ric passed on June 27th, 2017 and was also an organ donor and saved 6 lives.

Become an organ donor today!



Tyler Lindsay and Paramjeet Kaur

Meuopikihitowin Garden Party

The SPH Green Thumb Committee has been busy at play preparing the SPH *Meuopikihitowin* Garden for an all-day seed and plant party!

Several staff, including (l to r) Dr. Renee Kennedy and Stacy Shmyr, on May 23 to connect with each other and nature.

WILD Outside teens also attended to learn more about gardening by getting their hands dirty in the terrace garden.

Please give yourself a few minutes if you have never seen the garden outside the cafeteria. It is a very special place with many devoted hands tending to the beauty!

