



St. Paul's Hospital

School of Nursing Alumni Newsletter 2019

Message from the Editor

Hello Alumni Members! It has been my pleasure to prepare this newsletter for you. Newsletters are a form of two way communication. I look forward to hearing from those Members who have information to submit, however I would like to remind you it must be received by me by December 31 in order to be included in the current letter. This year has been a big learning curve for me as I have not done this before this year. Our members look forward to receiving information about their classmates, and Alumni events. We love to provide that information to you.

I would like to take this opportunity to thank the past editors, Kay Turner (Fitzmaurice '64) and Elaine Uhryniw (Madson '61) for their assistance to me, their past work and dedication to our Alumni. I would also like to extend my appreciation to those who assisted and supported my efforts as a first time editor ... Reta Taylor (Watton '63) and Sharon McCallion (Smith-Windsor '65). Please continue to send in Chapter reports, Committee events and articles for all to enjoy.

Lyn Swenson (Edwards '69)

Prayer

God has given us:

*Eyes, not to judge others but to look beyond situations,
Mouth, not to criticize but to speak the truth;
Hands, not to punish, but to give a helping hand;
Ears, not to be insensitive but to listen and aid those
in pain.*

Everything God gave us has its purpose.

Use them for the greater glory of the Lord.

Message from the President

Hello to all Alumni Members,

Our home chapter continues to be active with three meetings a year. Average attendance remains at about 60 alumni for each meeting. It's always such a pleasure to see old friends, and welcome any who can attend from out of town. Please contact any executive member for date, and location. Due to availability of venue, we have had to change days and times.

Our September meeting was especially blessed with members of the Class of '58 celebrating their 60th anniversary. Their class song was a treat!

This past year we have maintained our contacts with SPH and the Foundation. With the encouragement of Jean Morrison, CEO of St. Paul's Hospital, and Sandhya Padmanabh, Manager of Communications for SPH Foundation, the finishing touches were added to our Alumni display in the Hospital. A mural depicting a timeline and photos highlighting the major events in our School of Nursing was developed, mounted and unveiled on June 14th, 2018. Most of the costs were borne by SPH and donations to the Foundation from Novatex, the company that designed and produced the mural. The entire display is located on Second floor of St Paul's Hospital, by the waiting room for day surgery. Please feel free to come and view it.

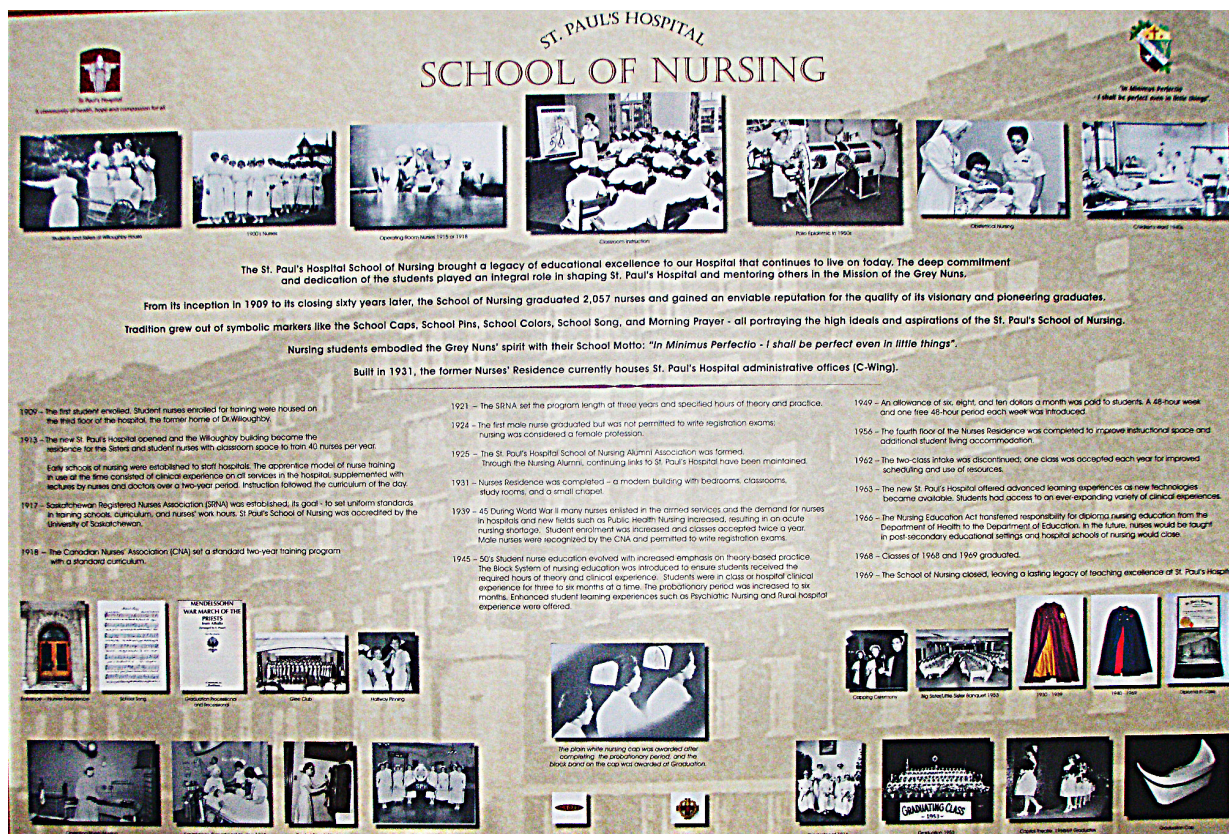
Many thanks go to the committee who spent many hours researching, developing, and editing the timeline, and to Jean Morrison, Sandhya Padmanabh, and Adele Sikorski at Novatex. A heartfelt Thank you - to those alumni who spent countless hours and impressive effort developing the display in previous years. Their attention to detail proves that we take our motto "In Minimus Perfectio" seriously. Appreciation goes also to those who took part in making the unveiling a special event.

In recent consultation with the Foundation, the Alumni has discontinued the Alumni Fund within St. Paul's Hospital Foundation, due to accounting changes in the Foundation. We return to the situation where the Alumni cannot issue tax receipts to Alumni, for donations or membership fees.

With declining membership and aging alumni the executive will continue to emphasize the fellowship of our members and memory of St. Paul's Hospital School of Nursing. We welcome your notes, and emails keeping us up to date with information about yourselves and our members. A sincere thank you to the executive whose competence and support keep our Association alive.

To all of you we hope you have a healthy and peaceful 2019.

Sharon McCallion (Smith-Windsor '65)



St. Paul's Hospital School of Nursing Mural unveiled June 14th, 2018

Greetings from St. Paul's Hospital Foundation



St. Paul's Hospital Foundation enjoys a respected and mutually beneficial relationship with the St. Paul's Hospital School of Nursing Alumni. In 1991, your Alumni helped to create a significant endowment fund—The Saint Marguerite d'Youville Endowment

Fund—that continues to be stewarded by our Foundation today. In 2018, the SPH Foundation Board allocated an additional \$500,000 bringing the balance to \$1 million. The fund is in place to support professional development and scholarships for St. Paul's Hospital and Sask Health Authority employees. The St. Paul's Hospital School of Nursing brought a legacy of educational excellence to our facility that proudly lives on today.

As always, we appreciate your ongoing participation in the Honour Guard at funerals, paying tribute to past members and dedicated St. Paul's nurses and doctors who have passed on. This respectful tradition is always a touching experience for families and friends of those health care workers.

In the honoured tradition of the St. Paul's Hospital School of Nursing, we continue to support the Hospital's innovation

on important advances in patient-centred care. In January, we launched our \$20 million Close to Home Campaign for Hospice and End-of-life Care. The hospice will offer the closest experience to dying at home in a safe and comfortable space in a residential neighbourhood. The campaign also supports the advancement of exceptional holistic end-of-life care, addressing the physical, spiritual and psychological needs of all family members.

The work of the Nursing Alumni continues to inspire us to greater heights in supporting the best possible care for everyone in need. Thank you for the lasting positive impact your membership has had on our Hospital, and best wishes for a fantastic year ahead.



Bruce Acton
CEO
St. Paul's Hospital Foundation

1702 20th Street West
Saskatoon SK S7M 0Z9
Phone 306-655-5821
(toll free: 1-888-345-0330)
www.sphfoundation.org

Greetings to St. Paul's Hospital School of Nursing Alumni



St. Paul's Hospital

We often hear people in our community say there is something special about St. Paul's Hospital. We agree. We feel it is the exceptional people who work and volunteer here and the extraordinary care they provide that make our Hospital unique.

Opened just two years after the Hospital was established, the St. Paul's Hospital School of Nursing and its graduates helped shape the culture at St. Paul's. Graduates were trained to provide the same compassionate and holistic care as was exemplified by our Foundress St. Marguerite d'Youville and the Grey Nuns. We are grateful for this legacy of excellence that continues to leave a positive mark on our Hospital.

Our history with the School of Nursing Alumni is a proud one and we are pleased to have participated in the creation of a permanent mural at our Hospital commemorating the history of the School. The mural helps weave together the School's historical artifacts, on the Second Floor, creating a fuller picture

of what the Nursing School meant to us then and now. We would not be the Hospital we are today, without the dedication and hard work of the over 2,000 nurses who walked through the doors of the venerated St. Paul's Hospital School of Nursing.

I anticipate 2019 will be another year of valued partnerships and growth at St. Paul's Hospital, as we continue to embrace our challenges as opportunities and live our mission and vision as a community of health, hope and compassion for all.



Karen Barber
Executive Director
St. Paul's Hospital

Greetings from the Grey Nuns

We, the Grey Nuns in Saskatoon: Sr. Emiline Pena, Sr. Josephine Bouvier, and Sr. Carol Borreson, want to express our deep happiness and gratitude in having others share in the mission of St. Marguerite. We keep in particular gratitude and prayer the alumni of St. Paul's Hospital School of Nursing. The alumni are very special companions on our journey and a source of gratitude, strength and consolation.

Another group who shares in the charism of St. Marguerite is the Associates of St. Marguerite, a group of lay people who share in the heritage of the St. Marguerite story, prayer and ministry.

Some members of the Associates of St. Marguerite are also members of the Alumni of St. Paul's, including Mrs. Maureen Preston who serves on the present executive of the Associates.

May each of us; the sisters, the Alumni of St. Paul's School of Nursing, and the Associates of St. Marguerite draw from the spirit of St. Marguerite d'Youville, present at the foundation of St. Paul's Hospital and keep that spirit deeply engrained in our psyche's and souls. May the spirit of fidelity, of love, of creative response and solidarity in the life of St. Marguerite provide inspiration to all of us on our journey.

Sr. Carol Borreson, s.g.m.

Welcoming and Membership

Our Saskatoon Chapter of St. Paul's School of Nursing Alumni is alive and well. The average attendance at each of the three yearly meetings continues to be about 60.

Keeping in touch is very important. We could not keep our membership list current if it wasn't for the team effort of our collective group. Thank you for all the information you have communicated to me regarding address changes, email address changes and the announcements of the passing of our nurses.

The payment of your membership fees is important. This past year our numbers of paid memberships are down with only about 260 received. Members often speak of the joy our annual newsletter brings. In order to continue the printing and distribution of this publication we need your membership renewal support.

If you are planning a monumental 50th, 60th or ? Class Anniversary Celebration and need help with contact information for your classmates, just let me know and I will do my best to assist you.

Respectfully submitted,
Reta Taylor (Watton '63)

Archives

This has been a quiet year for me at the archives. Much filling has been done and some interesting things came to light; like the original copy of our school song and other tid-bits. There is now room on our shelves!

We have sold one school ring this year so we now have no rings available but we do still have a few new grad pins if someone is interested. They are for sale for a donation to the Alumni.

We have loaned material for a permanent display in the Eatonia museum at the request of one of our alumni members.

The Saskatchewan Council for Archives and Archivists (we are members) have amalgamated their Regina and Saskatoon offices. I may have some difficulty in getting help and information. I have created a list of duties for future alumni members who may work in the archives room.

The Inventory of material in our archives is at a bit of a stale mate right now due to my poor computer skills, I hope to have some help there in the near future.

Respectfully submitted,
Marlene Davis (Welk '57)

Home Visiting

We had the privilege to visit eleven Alumni members who reside in long term care facilities, private and personal care, and assisted living facilities. Along with the visit, each person was given a gift of body lotion, and a handmade comfort cushion. Note cushion cover were made with fabric designs with electrocardiogram waves and some with nursing script such as "nurses care; nursing is a work of heart; nurses are patient people; nurses are angels with stethoscopes". This reminded recipients of past and initiated conversation and reminiscing about nursing "back then".

Most members voiced their gratitude and were very appreciative of the visit and gift. "Thank you...You remembered me". In one case, no verbal communication but hugging the comfort cushion close to her, not letting go. Her expressive reaction spoke volumes.

If anyone knows of an Alumni member who is in a local care facility, and would benefit from a visit, please advise me or any executive member.

Gratefully submitted,
RoseMarie Normand (Kiefer '67)
Margo Bussiere (Fournier '63)

The Life of a Nurse

*The world grows better year by year,
because some nurse in her little sphere,
puts on her apron, smiles and sings,
And keeps on doing the same old things,
Taking temperatures and giving pills,
To remedy mankind's numberless ills,
Feeding the baby, answering bells,
Being polite when the spirit rebels,
Longing for home and all the while,
Wearing that old professional smile,
Blessing the new born babies first breath,
Closing the eyes that are still in death,
Taking the blame for a Doctor's mistakes,
Oh dear! What a lot of patience it takes,
Going off duty at seven o'clock,
Tired, discouraged and ready to drop,
But call back on special at seven fifteen,
With woe in her heart, but it must not be seen,
Morning, evening, noon or night,
Just doing it over, hoping it's right.
When we lay down our cape and cross the bar,
Oh Lord, will you give us just one little star,
To wear in our crown with a uniform new,
In that city above where the Head Nurse is You*

Scholarship

There were a total of seven enquiries and six applications received for the St. Paul's Hospital Nurses Alumni Scholarship for the year 2018. The monies available to be given out were:

- \$4000.00 SPH Nurses Alumni Scholarship

Scholarships were awarded to the following:

- **Adrianna Midgley**, granddaughter of (Hougham '56). She receives a St. Paul's Nurses Alumni Scholarship of \$2000.00. Adrianna is in her 3rd year BScN at the University of Saskatchewan, Saskatoon, SK.
- **Kate Hammond**, granddaughter of (Turner '53). She receives a St. Paul's Nurses Alumni Scholarship of \$1000.00. Kate is in her 2nd year BScN at the Langara College, Vancouver, BC.
- **Samantha David**, granddaughter of (Sand '62). She receives a St. Paul's Nurses Alumni Scholarship of \$1000.00. Samantha is in 2nd year BScN at the University of Regina, Regina, SK.

Congratulations to these young people. We wish them the best in their chosen profession!

I respectfully submit this report.

Alumni Scholarship Committee

Joyce Lenz (Greve '59)

Agnes Valade (Kirchgesner '60)

Gloria Lynch (Schindelka '59)

Cards and Flowers

Potted lilies were sent to St. Paul's Hospital Chapel for Easter and Poinsettia plants were sent for Christmas.



Sympathy cards were sent to seventeen Alumni Members or families of Alumni Members upon the death of an Alumni Member or death of a family member of an Alumnus.

Rose bowls/flowers were sent or delivered to five Alumni Members that were hospitalized.

"Thinking of You/Get Well" cards were sent to five Alumni Members and one to our finance/tax consultant.

Thank you to everyone that notified us regarding the hospitalization of an Alumni Member, the death of a Member or the death of a spouse, child or parent of an Alumni Member.

Please continue to notify Kay Turner either by phone or Email.

Kay Turner (Fitzmaurice '64)

Social Committee

The Saskatoon nurses alumni meet three times a year.



In May, we hold our AGM and last year we saw 64 nurses attending.

As we age we see more canes and walkers so the need for a wheelchair accessible venue is essential. Over the last few years we have held this at the Ukrainian Orthodox Church of All Saints.

In September, our fall event is usually honouring anniversary years and we are almost running out of those as 1969 was the last year of graduates. We also honour grads who celebrate higher milestone anniversaries. This event is held at the Travel Lodge Hotel.

Our Christmas party was a wonderful event with almost 70 nurses present. This was held at the Western Development Museum, where we enjoyed a full Christmas meal family style.

We have draws for free meals, a poinsettia at Christmas and donate to charities in Saskatoon. It is quite amazing that we have been able to maintain an attendance of over 60 members at each function. We welcome everyone to come out and join in the news, fun and planning of activities. Some of our events have had to switch to a Tuesday date.

Thank you to everyone who helps out with ensuring that the events go smoothly.

Mary Humen (Fedeyko '66)

Bernadette Steckler (Jeanneau '67)



Honor Guard

Honor Guard Report for 2019

In 2018 the Honor Guard was privileged to serve on the following occasions:

1. Mass of Christian Burial for Gay Couture (Schroeder '57)
2. Funeral Mass for Pauline Perpick (Bublich '57)
3. Celebration of Life for Cora Schindel (Grafham '50)
4. Funeral Mass for Lorraine Gryschuk (Willett '56)

Thank you to all those Alumni who participated and those who helped organize the Honor Guard. We had remarkable attendance at the Services again this year. (Ranging from 11-26).

All Alumni are encouraged to join the Honor Guard. Families are very appreciative of our attendance and find it very meaningful. Caps and Capes are available from the Alumni archives.

Elaine Uhryniw (Madson '61)

Newsletter

Unfortunately very little Chapter information was received for this year's newsletter. We certainly recognize that our membership is aging and may not continue to meet as they have in the past. The youngest group are seventy this year and are celebrating their fifty year anniversary in September! It will occur in Saskatoon on Sept. 13 to 15, 2019.



Please continue to send us your Chapter information and contact information as we look forward to hearing from you!

Costs:	
Stamps	\$ 460.00
Layout/Design	\$ 420.00
Printing 400 copies	\$ 1064.25
Total	\$1944.25

Lyn Swenson (Edwards '69)

St. Paul's Hospital School of Nursing Alumni Association

Officers and Conveners, 2017 - 2019

President	Sharon McCallion
Past President	Diane Hergott
Vice President	Diane Jensen
Secretary	Monica Beavis
Treasurer	Diane Neufeld
Committees	
Program/Social	Mary Humen Bernadette Steckler
Newsletter	Lyn Swenson Bev Kirilenko Lily Krause
Cards/Flowers	Kay Turner
Visiting	Rose Normand Margo Bussiere
Welcoming/Membership	Reta Taylor
Phoning	Carol Smandych
Scholarship	Joyce Lenz Agnes Valade Gloria Lynch
Archives	Diane Jensen Marlene Davis
Honor Guard	Elaine Uhryniw



Ottawa Report

Contact is Marge Larson (Cronkite '55).

Regina Report

Contact Mary Anne Bachelu (Muchowski '62).

Okanagon Report

Contact Carole Shirley (Brown '66).

No Alumni meetings or luncheons occurred in 2018.

Victoria Report

Contact Verna Lovell ('60)

No Alumni meetings or activities occurred in 2018, however Verna urges those visiting the area to contact her if they are able.

Calgary Report

Calgary SPH Alumni members continue with biannual luncheons. Attendance varies between 15 – 20. Currently we are at a status quo; however, the spring luncheon will surely have many stories as to how one survived the winter blast! Cheers to all!

Contact: Shirley Wormsbecker (Kolibar '66)

Edmonton Report

Our twice yearly luncheon gatherings were held on June 6 and Oct 3, 2018 with good attendance at both. They were held at the Royal Mayfair Golf Club. As we all age there are always new challenges to face and so we appreciate our members sharing their experiences, whether joyful, sad or hilarious! It is especially good to hear about the many successful coping skills many of us have had to acquire in order to survive and thrive as life changes our capabilities. 2019 gatherings are scheduled for June 5 and Oct 2. We trust 2019 will be kind to all!

Pat Choma (Scherman '60)

Edna Nichols (Northridge '64)

Lloydminster Report

The Alumni in Lloydminster still meets twice a year for a noon luncheon. We have 14 members from Lloydminster and area. Many of them are globe-trotters or snowbirds or are volunteering in many local organizations, so there is always lots of interesting conversation...not to mention the reminiscing and the stories of shared experiences from our student nursing days at St. Paul's.

This year our Spring luncheon is scheduled for Thursday, April 25th and our Fall one for Thursday, October 24th. We have been holding them at the Clocktower Restaurant at 11:45 am. We would love to have any visiting alumni join us.

We have participated in one funeral Honor Guard in the past year. It was for a nurse from another nursing school. As usual, the family as well as the guests were very pleased that this part of the deceased's life was recognized in this way.

Diane Popoff (Almond '68)

In Memoriam



- 1945A Piro, Eileen (Lee)
- 1948B Saunders, Agnes (Barth)
- 1949B McDonald, Rita (Purdy)
- 1950B Halbauer, Beverly (Angman)
- 1950B Schindel, Cora (Grafham)
- 1952A Hall, Leona, (Kirzinger)
- 1954A Grenier, Juliette (Palin)
- 1957A Miller, Kathleen (Cordes)
- 1957A O'Grady, Kathleen (Hood)

- 1957B Couture, Gay (Schroeder)
- 1957B Perpick, Pauline (Bubish)
- 1958A Harper, Gladys (Piluk)
- 1958B Keith, Doris (Krueger)
- 1959B Dust, Jessie (Budzyna)
- 1960A Kennedy, Lois (Petriew)
- 1964 Holzman, Shirley
- 1967 MacDonald, Irene (Schneider)



Submitted by:
Reta Taylor (Watton '63A)

Marjorie Larkin (Drennan '52)



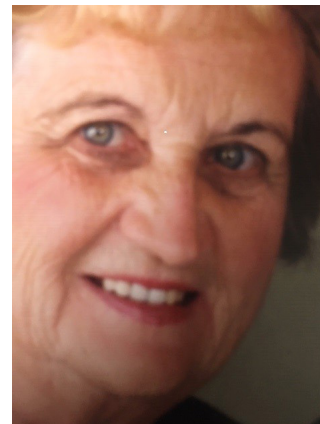
Marjorie Larkin has been nominated by her family and colleagues to receive the Order of Canada.

Here is a small bit of information for those Alumni that are not familiar with her:

Marjorie graduated from St. Paul's Hospital School of Nursing in 1952. She will turn 90 this year! She began her employment with St. Paul's Hospital in 1953

and retired in 1989. She did many jobs at St. Paul's but mostly worked in Emergency, and later worked as a nursing supervisor. She was instrumental in establishing the first gift shop at the hospital that continues to this day.

Marjorie was a strong leader who possessed a well-developed diplomatic ability, a keen sense of humor, and an ability to work calmly and effectively in emergent situations. Her boundless energy, skillful knowledge of her profession, calm demeanor in the face of an emergency, common sense, and selfless volunteerism make her respected by all who had the privilege of working with her.



We applaud you Marjorie, and wish you well with the nomination!

Information was submitted by
Carmel Larkin - daughter of Marjorie

Class of 1958B Gathers to Celebrate 60 Years of Friendship

On the weekend of September 14th – 16th, 2018 eleven members of Class '58B, plus four spouses, gathered to celebrate our 60th anniversary. This joyful and nostalgic weekend began with a Friday evening welcome social at the home of Cecile and Ivan Deibert. We were greeted at the door by a rescued coat rack creatively disguised as a St. Paul's nurse in full uniform. An evening of laughter, hugs, tears and reminiscences followed – accompanied by delicious treats, of course. We were especially pleased to have friends from a distance - Elaine (Hauer) Minford from Hawaii, Jeannine Penman from Abbotsford, Art & Adele (Lytle) Irwin from Sherwood Park, and Marge (Pearson) Williams from Regina. The following morning we enjoyed a guided tour of the Western Development Museum followed by lunch. It was interesting to see Mrs. Humphreys still watching over the old iron lung from SPH "Isolation Ward"! Saturday evening we enjoyed a lovely roast beef dinner prepared and served by Maureen's son, his wife and family. This was held in the social room at Maureen's home where garnet and gold décor and old scrapbooks and memorabilia added a festive air. We tested memories as we sang the school song and our old class song, in memory of those from our class who are no longer among us. Then we enjoyed the music of Wes Froese and applauded those who bravely got up to dance. On Sunday it was a treat to greet our fellow alumni at the Travelodge luncheon meeting where we proudly received our 'rose tribute'. Thank you one and all for a memorable weekend.



Pictured from left: Back: Maureen Cline (Peevers), Lily Krause (Baergen), Ida Lafreniere (Knutson), Kathy Chatlain (Moker), Adele Irwin (Lytle), Jeannine Penman, Cecile Deibert (LePage), Marjorie Williams (Pearson), Ellen Slowenko (Sinkiewicz), Front: Mary Toews, Elaine (Minford) (Hauer).

2019 Alumni Membership Renewal 2019



As Alumni of S.P.H. School of Nursing, we encourage you to be in good standing by maintaining your membership in our Alumni Association. Please complete the form and mail a cheque for \$20.00 to:

St. Paul's Hospital School of Nursing Alumni Association
c/o Diane Neufeld
734 Wilkinson Way
Saskatoon SK S7N 3L5

Name.....

Maiden Name Graduation Year.....

Address

..... Postal Code.....

Phone Number E-mail

All cancelled cheques will be your only receipt as our mailing costs are becoming prohibitive.