



# St. Paul's Hospital School of Nursing Alumni Newsletter 2014

## *Message from the Editor*

I visualize the Alumni as individual links attached one to another to form a continuous chain. These individual links are the Alumni members. The ends of the chain are held together by a clasp. This clasp is your Newsletter. It serves as the communication vehicle among the members. The Newsletter Committee is only the mechanism that opens and closes the clasp. We are honored to be the mechanism.

On some of the links are attached special "charms". One of those "charms" is RoseMarie Normand (Kiefer '67). This year Rose quilted and decorated Christmas stockings to adorn the doors of our Alumni members who reside in local long term care facilities, personal and private care homes or in Senior's Retirement Residences.

Another charm goes to the Lloydminster Chapter for their initiative in submitting the article on Edna Pepper (Moore '33). Thank you for your effort in preparing the information, the pictures of Edna's birthday party and for her graduation

picture. If there are other Alumni members who have achieved significant milestones in their lives and who you think should be high-lighted in the Newsletter, please let us know.

Saying "thank you" seems so inadequate for your outstanding contributions to the happiness of others.

I am very grateful for the able assistance of Elaine Uhryniw (Madson '61) and Kay Turner (Fitzmaurice '64). Thank you for volunteering your time and skills in compiling this Newsletter.

This is your Newsletter. We try to include information that might be of interest to you. Thank you to all who submitted Committee and Chapter Reports. Also, we appreciate the contribution of all those who sent Greetings. We welcome all ideas, submissions and suggestions.

*Dennise L. Martin ('59)*



**Reunion 2016**  
**Come join us**  
**July 7-8, 2016**  
**Sheraton Cavalier**

## *Prayer by St. Teresa of Avila*

A favorite Prayer of the Grey Nuns

*Lord Christ.*

*You have no body on earth  
but ours.*

*No hands but ours.*

*No feet but ours.*

*Ours are the eyes through  
which Your compassion must  
look out on the world.*

*Ours are the feet by which You  
may still go about doing good.*

*Ours are the hands with which  
You bless people now.*

*Bless our minds and bodies.*

*That we may bless others.*

*Amen.*



# Message from the President

Greetings to fellow Alumni wherever you may be spending the winter months of 2014. It is 45 years since St. Paul's Hospital School of Nursing proudly graduated nurses from their nursing program and the spirit of St. Paul's remains vibrant in the community we serve.

The Alumni continues to play a role in the health care community by displaying compassion, caring and friendship as they participate in various volunteer programs in the hospital and community organizations. When we review the aims of our Alumni, the social and fellowship aspect is exemplified by our gatherings throughout the year. We promote nursing and related health education through scholarships. We uphold and preserve the memories of the Alumni through our display of archives in the hospital.

Saskatoon Home Chapter is starting to get more organized in the planning of the Reunion in 2016. Our next meeting is scheduled for March 24, 2014. Please feel free to contact us if you can help in any way. We will welcome you with open arms.

The number of Alumni attending the meetings/socials is approximately 60 people. The dates for them are outlined in the Newsletter so plan your visits home so that you may attend. We would love to see you!

Remember you can always keep in touch by accessing the following web site: <http://cms.stpaulshospital.org/>.

This is an election year. We are always looking for volunteers to fill positions on the executive and on the committees. I would like to thank all the members of the Alumni for their suggestions, volunteer work, support and friendship during the last two years. It is really appreciated.

I read an article about the Grey Nun's residence in Montréal. Sister Fay Wiley was interviewed confirming the closure of the former Grey Nun's Mother House in 2013. It has been taken over by the Concordia University and is currently being used as a student residence. St. Marguerite d'Youville started to serve the sick and the needy in the 1730's. Many Alumni members have had the opportunity to visit the Mother House in Montréal. At the time of closure there were 135 Sisters living at the Mother House. The average age of the sisters was 85. The closure marks another stage in the evaporation of the once robust religious order. Many of us have fond memories of our association with them. Thank-you for all the good work and God Bless You!

The Alumni look forward to hearing from you and I hope you enjoy reading the Newsletter. I am sure it will bring back memories! On behalf of the executive may we wish you a healthy and fulfilling year even if you are one year older.

*Monica Beavis (Cey '66)*

## St. Paul's Hospital School of Nursing Alumni Association

### Officers and Committees, 2012 - 2014

President.....	Monica Beavis
Past President .....	Sharon McCallion
Vice President .....	Diane Hergott
Secretary.....	Sharon McCallion
Treasurer.....	Diane Neufeld

### Committees

Program/Social.....	Mary Humen Cecile Poilievre
Newsletter .....	Dennise Martin Elaine Uhryniw Kay Turner
Cards/Flowers .....	Mary Stang
Visiting.....	Rose Normand Bernadette Steckler
Welcoming/Membership .....	Reta Taylor
Phoning.....	Eileen Sonsteli
Scholarship .....	Joyce Lenz Agnes Valade Gloria Lynch
Archives.....	Diane Jensen Marlene Davis
Honor Guard .....	Elaine Uhryniw

## Message from the Grey Nuns in Saskatoon

The cohort of young women who faced the challenges and newness more than 100 years ago, as the first graduating class of St. Paul's Hospital School of Nursing, did so hand in hand with the Grey Nuns.

Presently there are two Grey Nuns; Sr. Josephine Bouvier and myself, Sr. Carol Borreson, living in Saskatoon. We are renting a suite in the new Columbian Place which is operated by the Knights of Columbus Charities. Our home is just two blocks from St. Paul's Hospital.

Sr. Josephine works as an educational assistant at St. Mary's Community School where she brings a wonderful presence to the students, staff and families. Sr. Josie, as she is known by the children, is herself of Cree Metis heritage. That is **one** of the wonderful gifts she shares with St. Mary's community. More than once I have seen the magic that happens when a pair of little brown eyes look up at Sr. Josie and see Sr. Josie looking back.

A decade or more ago, I worked as a staff nurse and then Director of Mission at St. Paul's Hospital. I had the privilege to witness what defined the spirit of the St. Paul's grads. Today I work as a parish nurse with St. Mary's and St. John Bosco

parishes. It has been a wonderful opportunity to know the importance of that same spirit within the context of the parish and the community. As each St. Paul's grad understands, the invitation to let God into our daily life and work, brings its own invitation to be open and creative in identifying and responding to the unmet needs and hungers of our day. I am passionate about parish nurse ministry. If you or your parish have been thinking of parish nursing and want to talk further, look me up!

Our hopes and prayers are that all will work together so another of our sisters, Sr. Emiline Pena, will join us here in Saskatoon this spring. Some of you may remember Sr. Emiline from the mid 1990's when she spent time here in Saskatoon and at the business office at St. Paul's Hospital. We anticipate Sr. Emiline's arrival in the late spring of this year. She will be a visible presence at St. Paul's Hospital as a volunteer in Spiritual Care.

We give thanks for the presence of the Alumni of St. Paul's Hospital School of Nursing here in Saskatoon. We continue to share in the same spirit that led to the foundation of the work we shared at St. Paul's Hospital. It is from this shared foundation that each of us faces the future.

*Sr. Carol Borreson, s.g.m.*

## Greetings to St. Paul's Hospital School of Nursing Alumni!

St. Paul's Hospital Foundation (SPHF) has always recognized the importance of our compassionate and caring nurses in continuing the legacy of the Grey Nuns at St. Paul's Hospital. The hard work and dedication of nurses inspires many families and grateful patients to become donors.

In 2013, St. Paul's Hospital Foundation welcomed Colleen Cameron-Bergan as our new Board Chair. Colleen is an Account Executive at SaskTel, helping the Aboriginal market use technology to build more sustainable and connected communities. Last year, we were fortunate to receive tremendous support from all of our donors and allocated over \$3.2 million to purchase specialized equipment for various departments at St. Paul's Hospital and to provide employee professional development and support for programs such as Spiritual Care, the Catholic Administrative Fellowship and the Healing Arts Program. We look forward to an exciting year of completing the fund raising for the purchase of a state-

of-the-art SPECT-CT, the first of its kind in Saskatoon, providing faster, more definitive diagnosis of medical conditions.

We are grateful to the Nurses Alumni for your continued support as donors and volunteers and for your ongoing work to preserve the memory and spirit of *St. Paul's Hospital School of Nursing*, an important part of our teaching history and medical care at St. Paul's Hospital.

*Bruce Acton, CFRE*  
*SPH Foundation CEO*

### **St. Paul's Hospital Foundation**

1702 20th Street West  
Saskatoon SK S7M 0Z9  
Phone 306-655-5821 (toll free: 1-888-345-0330)  
[www.sphfoundation.org](http://www.sphfoundation.org)



# Message from the President & CEO, St. Paul's Hospital



St. Paul's Hospital

Welcome to 2014! The past year has seen continued growth at St. Paul's. We now complete as many as 55 surgeries each day and provide care for up to 272 inpatients each day. Our outpatient clinics are also scheduled to capacity each day. We are very proud of our staff and physicians, who have worked very hard to reduce the surgical wait lists. By November of 2014 we expect that every patient who is waiting for surgery will have been offered a surgical date that is within 3 months of the time we learn they need surgery.

This increase in service is of great benefit to our patients, but does bring many challenges. We receive concerns about the cleanliness of our building and we take those concerns seriously. A Director was appointed last fall and he has established a system to audit the cleanliness of our worksites. The management team is working in a different way, spending the majority of their time out working directly with staff in their work areas, ensuring we are coordinating housekeeping work well with the flow of our patients and meeting our standards.

A second challenge is parking capacity. To meet this need our Board purchased land and constructed an additional parking lot at the corner of 20th Street and Avenue R. Parking Services is working to determine who will have access to this lot.

The Transplant Program celebrated its 50th anniversary in October with moving presentations from a man who had a kidney transplant, a young man waiting for a transplant and a woman who joined the living donor registry and was matched with and traveled to a patient from another province, where one of her kidneys was transplanted. We had a large crowd in the cafeteria to take part in this event. Dr. Richard Baltzan spoke on behalf of the program.

We are excited about a number of projects underway that will assist us to meet our growing capacity. Dr. George and Ms. Shelda Pylypchuk have sponsored a renovation to our Auditorium which will open in March. This upgrade will provide a fully integrated audio visual system, including Telehealth capability. We expect it to be in high demand for staff, student and public sessions. The need to replace the electron microscope at the Royal University Hospital has allowed us to relocate it to St. Paul's, where it is heavily used to support the Transplant Program.

2014 will continue to bring many challenges and I look forward to sharing those with you next year!

*C. Jean Morrison*  
President and CEO, St. Paul's Hospital (Grey Nuns) of Saskatoon

## COMMITTEE REPORTS

### Welcoming and Membership

Thank you, to each of you, for keeping me informed of the changes to the contact information of our Alumni members. Please keep up the good work.

- During 2013 seven newsletters were returned and nine nurses on the "Help to Find List" were located.
- The attendance at our three yearly meetings remains quite stable at about 60 nurses.

- The number of paid memberships received in 2013 was 349, down from 2012 which was 364.
- Five hundred newsletters will be sent out by email this year.

Please feel free to let me know if you would rather have a Canada Post Mail copy of the newsletter.

*Reta Taylor (Watton '63)*

### In Memoriam

1930 Margaret Lloyd (Pocock)  
1943 Rolande Greenwood (Soucy)  
1943 Rita Kusch (Pajet)  
1944 Joyce Allen (Stevens)  
1944 Wilma Andral (Herlen)  
1945 Iris MacKenzie (Simmonds)  
1945 Frances Williamson (Wensley)  
1946 Iris Butchart (Sterling)  
1948 Gladys Stewart (Evans)  
1949 Anne Strelloff (Spencer)  
1950 Lillian Benning (Kruda)  
1950 Beth Martens (McAuslan)  
1950 Phyllis Dean (Boulanger)  
1951 Birdelene Hansen (Hamre)  
1952 Betty Yake (Mathison)

1952 Theresa Saunders (Clarkson)  
1953 Sylvia Shahbazion (Bjornson)  
1953 Walburga Brink (Eberle)  
1955 Edith Montgomery (Sweet)  
1956 Angela Oxman (DeBin)  
1956 Muriel Grayson (Grosse)  
1957 Joan Lynch (Hartley)  
1958 Donna Chaika  
1958 Florence Bayda (Niedzielski)  
1958 Rosella Grise (Liefers)  
1959 Sister Joan Kuffner  
1960 Pearl Stewart (Dick)  
1962 Carol Andresen (Holm)  
1968 Leone Deck (Fitzpatrick)  
1969 Gail Colquhoun (Young)



## Help Us Find

1969  
Susan (Ballie) Slocombe  
Corrine (Dubois) Hounjet  
Barbara (Green) Camire  
Merle (Sawchuk) Fedak

1968  
Bonnie (Fennell) Parfitt  
Marguerite (Jensen) Wilson  
Sharon (Spilak) Jordan  
Lana (Stewart) Boyko

1967  
Carol (May) Mcllwrick  
Dorothy Stickney

1965  
Elaine (Phillips) Saunders

1964  
Lynn (Morham) Slater

1963  
Odile (Valmont) Naigle

1962  
Marie (Chyrski) Cowan

1961  
Natalie Romaniuk

1960  
Marlene (Sutherland) Pick

1959  
Anne Czerniak

1953  
Betty Alldred

1951  
Denise (Derbrouk) Chinnel  
Dorothy (Jennison) Hughson  
Ruth (Leiski) Frank  
Ruth MacDonald  
Elizabeth Wood

1950  
Arlene (Patton) Bowman

1948  
Margaret (McQuaig) Larson

1947  
Donna (Tracey) DeMoissac  
Yvonne (Walko) Wardin

1946  
Martha (Geenan) Keenan  
Katherine Smith



## Cards and Flowers

Flowers were sent to St. Paul's Hospital Chapel for Easter and Christmas.

Rosebowl/flowers were either sent or delivered to 9 hospitalized Alumni members.

Sympathy cards were sent to 24 Alumni members or families.

"Thinking of You" greetings were sent to 6 Alumni members.

Thank you to all who notified me regarding hospitalization or death of an Alumni member, spouse, child or parent of an Alumni member.

Please contact Mary Stang.

Mary L. Stang ('57)

## Honor Guard

In 2013 the Honor Guard was privileged to serve on the following occasions:

1. Mass of Christian Burial for Audrey McIntosh '44
2. Mass of Christian Burial for Bernice Ritz (McGrath '48)
3. Mass of Christian Burial for Rolande Greenwood (Soucy '43)
4. Memorial Service for Carol Andresen (Holm '62)
5. Memorial Service for Ann Strelioff (Spencer '49)
6. Celebration of Life for Rosella Grise (Liefers '58)

The Honor Guard was offered for two other deceased Alumni members and was declined by family. Thank you to all those Alumni who participated and those who helped organize the Honor Guard. We had remarkable attendance at the Services again this year.

All Alumni are encouraged to join the Honor Guard. Families are very appreciative of our attendance and find it very meaningful. Caps and Capes are available from the Alumni archives.

Elaine Uhryniw (Madson '61)

## Program and Social

Our three General Meetings during 2013 were well attended. In May, 2013 we held a Victorian Tea at the Terrace Lounge, Delta Bessborough. The ladies wore their beautiful spring hats and we held a "fashion show" which was enjoyed by the 55 Alumni who attended. In September we had the pleasure of the Class of 1963 joining us at the Travelodge, following

### Agenda for 2014 Events

**Monday, May 12, 2014** • Luncheon  
German Cultural Club  
Registration @ 1200 noon

**Sunday, September 21, 2014** • Luncheon  
Travelodge, Galaxy B entrance  
Registration @ 1200 noon

their 50th Anniversary Class Reunion. They shared stories to which only Alumni from SPH School of Nursing could relate. In December our Christmas dinner was held at the Saskatoon Club and, in spite of the cold, over 50 Alumni got together to sing and share our news.

**Monday, December 8, 2014** • Dinner  
Saskatoon Club  
Registration @ 5:00 pm

Mary Humen (Fedeyko '66)  
Cecile Poilievre ('58)



## Home Visiting

During December visits were made to ten Alumni members who reside in either a local care facility or an Assisted Living Residence. Along with the visit, each person was given a hand-made quilted Christmas stocking. On the front of the stocking was a large gold imprint: "from S.P.H. Nurses Alumni." This reminded the recipient and others, not only who had provided the gift but also, who the resident was at an earlier time; "oh, I didn't know you were a nurse." Other topics of conversation centered around family, reminiscing about nursing "back then" and remembering fellow classmates. Many have their graduation photos on display. The stocking was hung on the resident's door where it was clearly visible. It added, not only to the festive spirit but to the décor as well.

Each stocking was received with gratitude and appreciation. Our Alumni members felt honored and pleased to be recognized, remembered and appreciated not having been forgotten. One person stated; "they remember me after all these years." They, is in reference to St. Paul's Nurses Alumni. Expressions of gratitude varied; a smile, gentle squeeze of the hand, a softly spoken "thank you so very much" or, when there was no sign of recognition, a simple stroll, hand in hand, down the hallway.

If anyone knows of an Alumni member who has recently moved into a local care facility and might benefit from a visit, please advise me or an Executive member.

Thank you to Bernadette Steckler for her help and to Reta Taylor for information and updates.

*RoseMarie Nomand (Kiefer '67)*

Following is a list of the Alumni members who were visited.

1. Margaret Ardell (Skarsgard 1946)
2. Rita Kusch (Pajet 1943)
3. Lorraine Gryschuk (Willett 1956)
4. Frances Bentley (Seabrook 1942)
5. Martha Henriet (1944)
6. Theresa Saunders (Clarkson 1952)
7. Eileen Dust (Stone 1951)
8. Cora Schindel (Grafham 1950)
9. Jean Gauley (1943)
10. Annette Popoff (1949)



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## Scholarship

There were a total of fourteen enquiries and eight applications received for the St. Paul's Hospital School of Nursing Alumni Scholarship for the year 2013. The money available to be given out was \$4000.00 from SPH School of Nursing Alumni Scholarship Fund.

Scholarships were awarded to the following:

1. Jessica Keeler, granddaughter of Joan Keeler (Davis '59). She received a St. Paul's School of Nursing Alumni Scholarship of \$1000.00. Jessica completed a four year undergraduate degree in Physiology and Pharmacology and is presently taking classes towards a BSN to graduate in 2015 at U of S, Saskatoon, SK.
2. Samantha Kotun, granddaughter of Elizabeth Piche (Scoular '45). She received a St. Paul's School of Nursing Alumni Scholarship of \$1000.00. Samantha has a previous BSc degree with a major in Biology (June 2012) and is now taking a post degree BSN at U of S, Saskatoon, SK to graduate in 2014.
3. Amy Semenuik, granddaughter of Josephine Angelopoulos (LeJan '65). She received a \$700.00 St. Paul's School of Nursing Alumni Scholarship. Amy is in 2nd year BScN at Red Deer College, Red Deer, AB.
4. Nicole Sawa, granddaughter of Arlene Sawa (Currie '55). She received a \$700.00 St. Paul's School of Nursing Alumni Scholarship. Nicole is in 3rd year SCBScN at University of Regina, SK.
5. Courtney Larkin, granddaughter of Marjorie Larkin (Drennan '52). She received a \$700.00 St. Paul's School of Nursing Alumni Scholarship. Courtney is in 2nd year BSN at University of Tennessee in Knoxville, USA.

Congratulations to these young people. We wish them the best in their chosen career.

*Joyce Lenz (Greve '59) Chairperson  
Agnes Valade (Kirchgesner '60)  
Gloria Lynch (Schindelka '59)*

## Newsletter

Last year we adopted a new format which included a new header featuring our Graduation pin and the use of an updated script in our School colors. The color format was used throughout the publication. Your response to these changes was positive. We will continue to compile and print the Newsletter in this manner.

For the 2013 Newsletter, we printed 556 Newsletters at an approximate cost of \$1.26 per copy as opposed to an approximate cost of \$.50 per copy for printing in Black and White. Of these, 515 were sent out in the initial mailing; 30 were sent later to members requesting a paper copy; 12 were given to Committee members and others who had contributed to the Newsletter including Sr. Carol Borreson s.g.m. and Sr. Jeanne Quintal s.g.m. Another 523 were delivered electronically. These recipients were given the option to receive a paper copy.

Due to the increase in postage rates, additional costs will be incurred this year and in subsequent years. This should be off set by the number of Newsletters sent by email.

This year we are including reports from three special Class Reunions; 1958 celebrating the 55th anniversary of their graduation and 1963 celebrating their 50th anniversary. The class of 1960 also held a reunion. Future classes may want to advertise their class reunions and submit similar reports. We are also including some of the humor from the class of 1963.

Many Alumni members have volunteered their time and skills to have this Newsletter delivered to the Alumni members. Thank you to:

- Reta Taylor (Watton '63) for maintaining the membership list
- The members who have helped to send the Newsletter electronically
- The members who assisted in the multi task process of preparing the Newsletter to go into the regular mail

The work of preparing and delivering the Newsletter would have been an onerous task if it wasn't for the help of many Alumni members. *Thank you very much.*

To prevent identity theft, an edited version of this Newsletter will be posted on the St. Paul's Hospital web page.

*Dennise L. Martin '59*

**Reminder: Chapter and Committee Reports are due January 31, 2015.**

## Archives

The Archives Committee has had quite a quiet year. We have done some further reorganization of the collection and have continued with cataloguing. However, the cataloguing process is slow going. This process will continue in 2014. It seems that, with the purchase of a router for the computer, we will be able to access the hospital's patients and visitors WiFi. This will allow us some internet access and we will be able to use the Saskatchewan Council of Archives and Archivists website. Once we have access to that website and can explore the services available, we may choose to use their online database to catalogue our collection which hopefully, will simplify and speed the cataloguing process.

Marlene Davis has continued to organize and file the many obituaries and funeral cards we receive each year. Thanks to Marlene's hard work this file is now up to date.

We had a request from Dr. Sandra Bassendowski to access our collection. Sandra is a professor at the Regina Campus of the U of S College of Nursing and is writing a book documenting the history of the hospital based schools of nursing in Saskatchewan. She visited the archive with Diane Jensen for an afternoon in the summer and selected a number of photographs, yearbooks, scrapbooks, etc. as possible material for her book. She was very pleased with the materials she found. These materials were returned in the fall after Sandra had made reproductions of those she wished to include in the book. Our Alumni will receive credit for any of our materials appearing in the book.

*Diane Jensen ('65)*  
*Marlene Davis (Welk '57)*





### **Greetings from Calgary**

This past year was very eventful in Calgary. The flood impacted many. Our Alumni did fine, although friends and some family members did experience loss.

For the most part it's been a quiet, stable year. We met in the spring and again in the fall. We continue to have 20-24 Alumni attend. Once again our lunches were full of good spirits, friendship and yes, a lot of conversation reviewing events that have impacted the lives of Alumni since the last meeting. Wishing all a very Happy and Healthy New Year.

*Shirley Wormsbecker (Kolibar '66)*

### **Regina Chapter sends Greetings from Arizona**

The SPH Nursing Alumni, Regina Branch, enjoy a supper and social evening at the Wascana Country Club twice a year.

Our next gathering will be early in May, 2014.

We welcome all, call Marge Williams if you would like to join our group.

*Marge (Pearson) Williams '58*

### **Greetings from Lloydminster**

Our St. Paul's Alumni meets twice a year, spring and fall, for a luncheon.

We have 13 members. We lost one member, Beth Martens (McAuslan '50) who passed away this past year.

Another one of our members, Edna Pepper (Moore '33) moved to an assisted living facility about 35 km from Lloydminster. Since Edna is no longer able to join us for our luncheons, we try to visit her. In May, we drove out to have tea with her and in October, we took her a birthday cake and celebrated her 103rd birthday.

One of our members found Edna's grad picture in a local history book and had the print put on a cake. It turned out so well and was such a surprise for Edna.



We always enjoy our visits with her. She is such a sweet lady and the stories of her early days of nursing are so very interesting. Our next regular luncheon will be April 29, 2014.

For information contact Diane Popoff.

*Diane Popoff (Almond '68)*

### **Greetings from North and South Okanagan**

We look forward to getting together in Spring 2014 to re-organize.

Any Alumni that have moved to this area in recent years are encouraged to contact us.

Contact person Okanagan North: Maureen Stewart '62

### **Greetings from Ottawa**

"The Dolls from St. Paul's" Ottawa Chapter just keep rolling along, even through this winter of winters, with true St. Paul's Nurses spirit. We enjoyed a fun Christmas luncheon in spite of the inclement weather of the day and a spring get together is planned. We are really pleased to have a new member join our group. Our new member is Lucille Zmud (Clynton '63), who is settling in nicely in her new home.

"The Dolls from St. Paul's" Ottawa Chapter send their fondest wishes to all our nursing friends.

*Marge Larson (Cronkite '55)*

### **Hello from Victoria**

About twenty Alumni members attended our annual February luncheon. We now hold our lunches at the Uplands Golf Club. If you are visiting here or have moved to Victoria and would like to join us, you would be very welcome. We can also supply membership lists. Please contact: Marjorie Larkin (Drennan '52 or Verna Lovell '60.

*Verna Lovell '60*

### **Lloydminster Alumni Members Host Birthday Party for Edna Pepper (Moore '33)**



October, 2013

Back Row: (Left-right) Leona Beamish (Nielsen '54), Marilyn Mann (Wells '67), Diane Popoff (Almond '68), Marlyss Crockett (Wiebe '59)

Front Row: Eveleen Long (Mann '64), Edna Pepper (Moore '33), Hazel Feist (Saunders '68)

*Young at Heart...  
Slightly older in other places.*



# Special Memories of Edna Pepper (Moore '33)

*"If you're going to be a nurse, be a good one!"*

That was the advice that Edna Pepper received from her father.

She was just 16 years old when her father became ill and since her mother found it difficult to care for him, Edna took on the responsibility of nursing him back to health, which she did. From then on, she wanted to become a trained nurse.

Edna was born in 1910 into a family of 3 boys and 2 girls. She grew up in Deer Creek, SK (near Paradise Hill). In such a small farming community she was only able to take up to grade 9. In order to complete her schooling, it was necessary for her to go to a boarding school in Saskatoon, and then into nurses training.

It was the depression. There was no money for any extras. She doesn't know how her parents afforded to send her. She remembers going by train from Deer Creek to Battleford and then on to Saskatoon. Once there, she didn't go home. Her dad wrote letters, but she was very lonesome. "If tears were pennies, we would have all been millionaires!" The nursing students were all in the same situation and they made their own fun. She remembers an incident that happened late one night after the sisters had made their last rounds. There was an annex behind the hospital that housed the men's ward. Behind this was the hospital garden. Someone made a dare to go out and pick some of the luscious cucumbers from the garden. So, they dressed in the men's dark robes, went down the fire escapes out into the garden, and brought back the coveted cucumbers. "Those were the best cucumber sandwiches I ever had!"

Edna remembers the nurse's residence as being a very old building. "There were twelve of us to a room and lots of mice!" It was wonderful when the new hospital and residence (fall 1931) were built. Then each student had her own room. The stipend was \$7.00 per month and some of that money went for books. There were



Bale, Bernice  
Bourgault, Annie  
Bruneau, Paula  
Buck, Dorothy  
Burton, Emma  
Clark, Jean  
Conner, Genevieve  
Dees, Essie May  
Edmondson, Lucie  
Engel, Ida

Harris, Winnifred  
Hawkins, Hilda  
Hobman, Marjorie  
Humphries, Nettie  
Koch, Lena  
Kelly, Theresa  
Lins, Clara  
Marshall, Helen  
McCallum, Irene  
McGrath, Mary

McNeil, Alice  
Miller, Dora  
**Moore, Edna**  
(Left, 2nd front row)  
Rajott, Rev. Sister  
Rivett, Marie  
Robinson, T.  
Weber, Mathilda  
Wood, May E.

twelve subjects and the classes were held in the hospital. They had two hours off each day. They started practical nursing on the wards right away. The hospital was short of paid staff during the depression years and depended on the students to carry the load. Edna said their training was hard and very strict but she felt that they received an excellent nursing experience. This was so helpful as the grads went back to many remote rural areas and needed to take charge of the situations in which they found themselves. Edna graduated with her nursing diploma in 1933. Unfortunately, her mother had just broken her arm. After being away from home for three years, Edna was happy to go home and look after the family.



In 1934, Edna started her first job in Loon Lake, SK. The hospital, a log building of seven rooms, was run by the Red Cross. The starting wage was \$10.00 per month and by 1936, it increased to \$40.00 per month. She describes the place as being very primitive – no electricity and no indoor plumbing. They would empty the bedpans in big pails and then these pails were emptied outside. Often the people, who would come to work at the hospital to pay off their hospital debt, did some of these chores. They would also bring meat and produce to the hospital or wood and coal. There was also an icehouse that needed to be kept stocked. The actual staff consisted of a matron and one nurse. They both lived right at the hospital. The matron worked the day shift and Edna worked the night shift. They took turns using the same bedroom and the same bed! There was a doctor who lived nearby. When he was needed, one would have to run over to his home to get him. Many times, he would wait until the last minute to operate. His wife or the matron would give the anesthetic. It was unlikely that either of them had any formal training in anesthetics. Edna remembers patching gloves for the OR. To make them last longer, they would be worn inside out so the patches would stay on. The sterilizer was a pressure cooker. There were no IV's. Instead they gave interstitials.

Edna later worked at Pierceland, at a nursing station, then in Paradise Hill and then in Goodsoil. During and after the war there seldom was a doctor in these places and few nurses. Penicillin had just been discovered but as it was so new, she was almost afraid to give it. There was so much responsibility whether in a hospital or even at home. Edna describes an incident that happened after she was married and living on the farm. Their hired man was away when his young wife, who was 7 months pregnant, went into labor. Edna assisted with the delivery of the tiny premature baby, put it in a shoebox with a hot water bottle on the oven door and took it to the mother every 2 hours to feed – all that while looking after the other little children. Many other times she was called on to examine rashes, diagnose a stroke or give advice on various other health concerns.

What incredible changes Edna has witnessed in medicine and in nursing in the 80 years since she received her diploma from St. Paul's School of Nursing.

She remains very interested in her chosen profession and loves to share all her special memories of a rewarding career.

Compiled by Diane Popoff (Almond '68)

## CLASS REUNIONS

### 1958 February Class

From July 22-25th, 2013 our class got together to mark our 55th Anniversary. Eleven of us, hailing from Alberta, British Columbia, Saskatchewan and the United States, met in Vancouver to spend three fantastic, fun-filled days together. We visited, ate and all slept at the same hotel; the Metropolitane. A number of us even shared the same room; reminiscent of our Pajama Parties at the Bamford home when we were students. (Doreen's Mom was also a grad from S.P.H.)

In addition to reminiscing about our training days, we toured the city including Stanley Park and Canada Place while enjoying warm, sunny weather.

Thank you to our hostesses Doreen Hindmarsh (Lundell) and Loreen Loewen (Solank), from Vancouver and Doreen Edwards (Bamford) from Victoria for organizing a very memorable 55th Anniversary get-together.

*Cecile Poilievre '58*

### 1963 Class

St. Paul's School of Nursing Class of 1963 held a 50th Anniversary Class Reunion on Sept. 14 and 15, 2013. Twenty-seven classmates from the two classes attended along with 12 brave partners.

Saturday morning we gathered for Breakfast/Brunch at the Delta Bessborough. In the afternoon a most enjoyable tour of the hospital and nurses' residence was followed by refreshments in Room G30, our memorable classroom.

In the evening, at the Willows Golf Course, cocktails, dinner and a powerpoint presentation, created by Marie Darichuk, brought back a flood of memories. We sang the songs of our two classes as well as our SPH School Song. The atmosphere was filled with non-stop chatter and much laughter. A beautiful class photo was taken as well.

Sunday at noon, the Saskatoon Chapter of SPH School of Nursing Alumni held their regular meeting in the Galaxy Room of the Travelodge. Our class was honoured to be recognized by our nursing peers. We were all seated together at the front of the room with vases of roses on our tables. Each nurse was introduced and then those who were comfortable shared a nurses' training story with the entire group. It was great entertainment indeed!

Our Reunion Committee Members were: Diane (Karasiuk) Hergott, Reta (Watton) Taylor, Lorna (Zimmer) Litvenenko, Margot (Fournier) Bussiere, Marie (McGrane) Darichuk, Donna (McLean) Massey, Jean (Callaghan) Lux, Gertie (Schellenberg) Zarubiak.

*Reta (Watton) Taylor and Diane (Karasiuk) Hergott  
Classes A and B of 1963*

### 1960 February Class

During the first week in April eleven members of our class met in Victoria. Those members from the prairies, still in the depths of winter, marveled at the green grass, daffodils, cherry blossoms and other spring flowers. A highlight of our time was a visit to the home and art studio of Irm (Irmagard) Houle (Neufeldt '60). Irm is a very talented artist who does beautiful paintings on silk: wall hangings, framed paintings, scarves, a few garments and much of her own wardrobe.

*Verna Lovell '60*

#### Notice to 1954 Feb. & Sept. Classes

60<sup>th</sup> Anniversary Reunion

Sept. 21, 2014 @ 1200

Travelodge Hotel

contact Rudelpha Paraschuck



### Reta's Dem Room Story

Here is a story from my training days. It was early one Monday morning, when our class made their way to the 4th Floor, where Mary T. MacKenzie was waiting in The Demonstration Room. We were anxiously, nervously, anticipating our Procedures Examination. Each of us had to pull a small piece of paper from a box. This little piece of paper told us the procedure we had to perform that morning. One of my classmates drew the douche. The biggest rule to follow with this procedure was that not a drop of water should fall upon the bed.

Joan prepared all the equipment and was about to begin her treatment for Mrs. Chase. The one thing she forgot was to close the clamp on the tubing. When she brought the tubing down from the pole where the douche container was hung, water flowed all about. Mrs. Chase received a bath and very nearly drowned.

Mary T. was astounded and told Joan that she would never become a competent nurse. She suggested that instead of nursing Joan should run the elevator in Eaton's. Joan, her big blue eyes filled with tears, said, "But Miss MacKenzie I have already done that."

Later when our class received our caps and Mary T. thought we were worth while, she told us that Joan's statement took her by surprise and she said she would never use this old line ever again. She had used it for years. However future classes told us she did use it again!!! Joan proved Mary T. wrong as she become one of our most competent nurses.

*Reta Taylor (Watton '63)*

# Then and Now...

## NURSES CAPPED AT ST. PAUL'S

SASKATOON, — On Sunday evening, July 20, in St. Paul's Hospital Chapel, parents, relatives and friends gathered to witness the Capping of the February 1938 Preliminary Class

Rev. G. Redmond, CSSR, officiated at the simple yet inspiring ceremony. He told the twenty-two student nurses how much more worthwhile had been their hard work to attain this crown than all the effort which goes into the making of a Beauty Queen. Her glory is short-lived, whereas this crowning is but a first step along the royal road which leads to graduation and beyond. This was a happy occasion, and one would not wish to dwell on the suffering which made the life of a nurse so vital and necessary a thing, but Father Redmond



Among those capped were these twin sisters, Margaret and Mary Fitzgerald, standing between their "Big Sisters," Lois Thompson and Jean Zalinko.

wished to remind his listeners of the tremendous value of suffering and how it can be turned to good. God became man to sanctify suffering for our redemption; we can unite our suffering with that of Christ—we can fill up what is wanting in His passion—and nurses are to see the Person of Christ in each and every one of their patients.

Fr. Redmond's encouraging and uplifting talk was followed by benediction, after which the students, all-resplendent in their gleaming white caps, adjourned to the School of Nursing auditorium, accompanied by their guests, to enjoy a Coffee Hour.

Miss J. Couture, Mrs. M. Dahlem, Miss J. Gladstone and Miss D. Skinner, nursing instructors, performed the table honours in a setting of silver candlesticks, blue tapers, white, yellow and bronze chrysan-

themums, with a summer-flower-garden background.

In the enjoyable musical program which followed, Miss D. Samuels was master of ceremonies. The glee club, under the direction of Miss D. Skinner, sang delightfully, and Miss I. Sinitowich played piano selections. Miss E. Richlark, I.A., then introduced the newly-capped student nurses, after which, following a St. Paul's tradition, they gave a spirited first-rendering of their class song.

Fr. Redmond offered congratulations in the name of all the Sisters and guests and commented warmly on the succession of generous souls who kept the stream of nurses so steadily flowing into St. Paul's.

The program was concluded by the singing of the St. Paul's Hospital school song.



Now...(2011 Reunion)

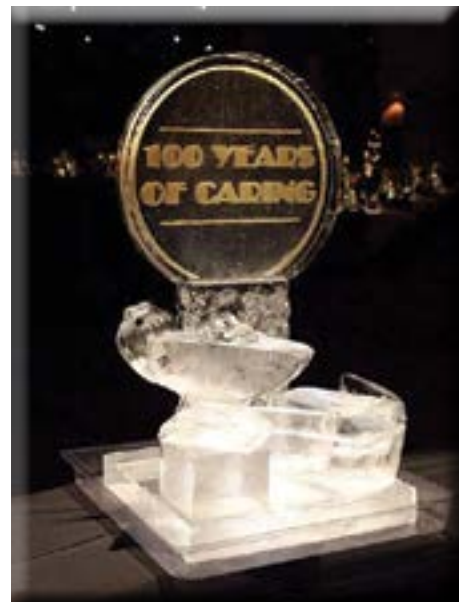
Lois (Thompson '60) Haggett, Mary (Fitzgerald '61) Ancelet, Margaret (Fitzgerald '61) Reid, Jean (Zalinko '60) Day

Permission to reprint from The StarPhoenix and each subject.



I don't know how to act my age.

I've never been this age before.



## Rae and Karen Share Nursing Arts Practical Exam Nightmare

We were terrified. I got an enema and Miss MacKenzie. I spent 25 minutes trying to make the water 105 degrees. It went from 104-106 but never 105. Finally Miss MacKenzie said "forget it, just give Mrs. Chase the enema." I was so glad to get going and when I picked up the tray to go to the beside I had forgotten to clamp off the tube. Water flooded the dem room and I spent the rest of the time sloshing around and cleaning it up. Needless to say I flunked (to make it worse Sr. Q. [Sr. Quintal] was watching with eyes as big as saucers). I went to get my pink flunking slip and as I came around the corner, Karen got off the elevator. "Did you flunk too?" she said, and her exact words were "I am SO glad! I thought I was the only one". We were hugging and crying as you can imagine. I asked her what happened to her and she said "I was suppose to give Mrs. Chase an enema and I gave her a douche. I guess I don't know my anatomy very well." Believe us; it was not funny at the time. We spent the rest of the week in tears, but glad to have each other to console. Apparently we passed the second time.

The memory of that day remains vivid to this day, but now we can chuckle and share it.

Rae Tomashewski (DeBoice '63) and  
Karen Boxall (Bowditch '63)

## Diane's Fashion

On one bright, sunny, hot summer day while in my third year of training, I was on my way out of the Residence. I donned my recently purchased patterned "Pedal Pusher" pants with matching top, thinking I looked pretty snazzy!

Coming out of the elevator on the first floor, I came face to face with Sister Dussault who stopped me dead in my tracks. "And where, Miss Karasiuk, do you think you are going wearing those Pajamas?"

Needless to say, I was sent back to my room to change into something "proper."

Diane Hergott (Karasiuk '63)

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## Our Motto "In Minimis Perfectio"



Our Colours  
Garnet and Gold

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## 2014 Alumni Membership 2014

As Alumni of S.P.H. School of Nursing, we encourage you to be in good standing by maintaining your membership in our Alumni Association. Please complete the form and mail a cheque for \$10.00 to:

St. Paul's Alumni Association  
c/o Diane Neufeld

Name .....

Maiden Name ..... Graduation Year .....

Address .....

..... Postal Code .....

Phone Number ..... E-mail .....



Life members are encouraged to pay a membership fee. All cancelled cheques will be your only receipt as our mailing costs are becoming prohibitive.