

St. Paul's Hospital School of Nursing Alumni Newsletter 2015

Message from the Editor

We have received many very positive comments on our last Newsletter. Thank you for your encouragement.

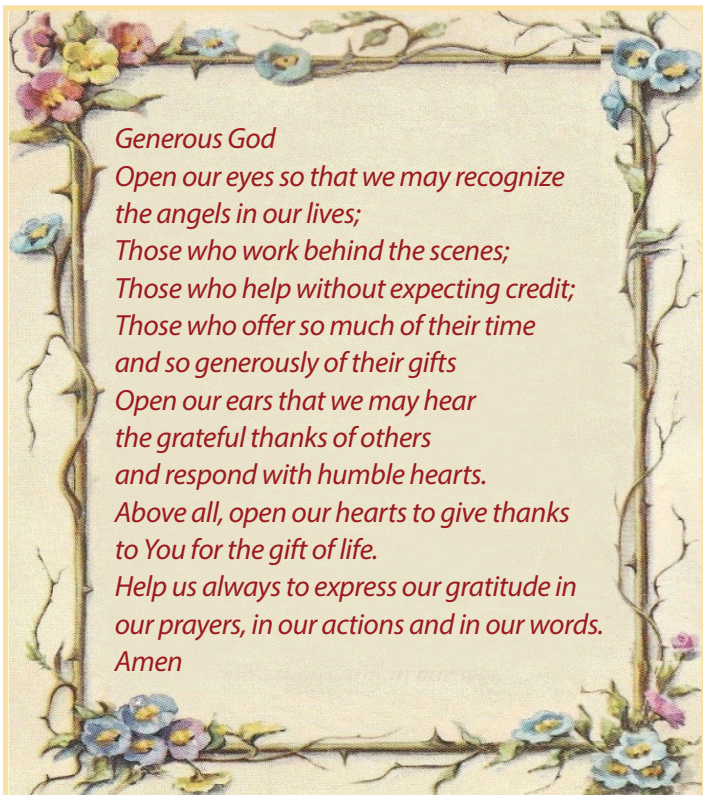
Charms along our Alumni chain go to those Alumni Members who volunteer their time to provide an Honor Guard when one has been requested. This is a very special service and each Member considers it a privilege to pay a final respectful tribute to an Alumni Member, a physician or a non-alumni nurse who have devoted a number of years of service to St. Paul's Hospital. Under happier circumstances they volunteer their time to provide an Honor Guard for special hospital functions.

In June I learned that the Lloydminster Chapter also provides an Honor Guard for funerals/celebrations of life/memorial services of any nurse who has worked at the local hospital. Their Honor

Guard is unique, in that, it includes nurses from a variety of Schools of Nursing. It is heartening to hear that St. Paul's School of Nursing is a visible presence in other communities.

From 1909 to 1969 St. Paul's Hospital School of Nursing admitted and graduated many nurses. In those 60 years it acquired a significant history and a reputation for quality. It is the responsibility of every graduate from our School of Nursing to honor and preserve what was given to us. Next year, 2016, you will have an opportunity to strengthen the links, renew the friendships, and celebrate the legacy. KEEP THE MEMORIES ALIVE.

Dennise L. Martin '59



A reminder...



Message from the President

Greetings Fellow Alumni,

In May of 2014, a new executive was installed. We welcomed some new faces and were also grateful that many of the former executive volunteered to stay in their positions for another term. It is an honor for me to accept a term as President of this active Association which is so successful in upholding and preserving the memory and spirit of St. Paul's Hospital School of Nursing.

In Saskatoon, the business meetings/social activities continue to be well attended. Older age does not seem to be a deterrent for many! What a gift that after so many years we can still enjoy the fellowship and friendships of each other.

The past year provided opportunities to share fellowship and renew friendships. As part of their 60th Anniversary reunion the class of 1954 joined us for the September Luncheon Meeting. As well, in the fall, the class of 1964 held a reunion to celebrate their 50th Anniversary.

Renovations and the addition of the Les and Irene Dube Urology Centre at SPH have, once again, necessitated the

relocation of our Alumni Display. Currently it is spread into several separate locations.

SPH Administration and the Archives Committee have found another location which would be permanent and able to display the entire collection. However, moving to the refurbished Display Cabinet to another floor is proving to be an impossible challenge. It will not fit into the elevator. We have and will continue to explore options that include re-building the cabinet from scratch. The saga continues!

Initial plans for Reunion 2016, July 7th and 8th have been made. Co-convenors Monica Beavis and Reta Taylor along with the various Committees, are ready to go into high gear!

I am looking forward to the next 2 years and welcome any ideas, suggestions or comments that would make our Alumni Association, meetings, and activities more fun and meaningful for you.

Blessings to all of you and the ones you love.

Diane Hergott (Karasiuk '63)

St. Paul's Hospital School of Nursing Alumni Association

Officers and Committees, 2014 - 2016

President	Diane Hergott
Past President	Monica Beavis
Vice President	Diane Jensen
Secretary	Carol Minogue
Treasurer	Diane Neufeld
Member at Large	Sharon McCallion

Committees

Program/Social	Mary Humen Cecile Poilievre
Newsletter	Dennise Martin Kay Turner Elaine Uhryniw
Cards/Flowers	Mary Stang
Visiting	Rose Normand Bernadette Steckler
Welcoming/Membership	Reta Taylor
Phoning	Eileen Sonsteli
Scholarship	Joyce Lenz Agnes Valade Gloria Lynch
Archives	Diane Jensen Marlene Davis
Honor Guard	Elaine Uhryniw

Message from the Grey Nuns in Saskatoon

The young women who entered the challenges and newness of a nursing career through the doorway of St. Paul's Hospital School of Nursing did so hand in hand with the Grey Nuns.

We are presently 3 Grey Nuns in Saskatoon, (Sr. Josephine Bouvier, Sr. Emiline Pena, and Sr. Carol Borreson,) renting now two suites in the new Colombian Place operated by the Knights of Columbus Charities just 2 blocks from St. Paul's Hospital.

Sr. Emiline Pena arrived from Edmonton in early 2014 to begin work at St. Paul's Hospital as a Spiritual Care Associate. Sr. Emiline is not new to Saskatoon nor to St. Paul's as she lived here in the 1990's when the Grey Nuns were living in the building that now houses the Larson House Detox Centre. At that time she worked in information services at the hospital, but over the years Sr. Emiline has pursued a number of units of Clinical Pastoral Education (C.P.E.), studying in this area in both Saskatoon and Edmonton. She also obtained a bachelor's degree in theology from St. Paul's University in Ottawa, and so comes to the Spiritual Care Department at St. Paul's well prepared for the area in which she now serves.

Sr. Josephine Bouvier works as an education assistant at St. Mary Community School where she brings a wonderful presence to the students, staff and families. Sr. Josie, as she is known by the children, is herself of Cree Metis heritage, and that is one of the wonderful gifts she shares with the St. Mary community. More than once I have seen the magic that happens when a pair of little brown eyes looks up at Sr. Josie and sees Sr. Josie looking back.

The new St. Mary Education and Wellness Centre is very conveniently located a block south of our residence in the

Colombian Place. Opened in September 2013, the new St. Mary Education and Wellness Centre combines education for students from pre-K to grade 8, a day care, a medical office served by a pediatrician, dentist, optometrist, public health nursing services and regular office staff. As well, it has a full sized gymnasium with a walking track and exercise training equipment. This walking track is open to the community a few afternoons a week and a group of seniors from the Colombian Place are regular users of this service. Other bonds between the school and the residents at the Colombian Place have been forged by the generosity of some of the residents who contribute their talents and volunteer time to such events as helping with kitchen and serving duties at the special breakfasts, pow-wows, and feasts held at the school.

Sr. Carol Borreson, who works as a parish nurse with St. Mary's and St. John Bosco parishes, has also forged many connections with the parish and community.

As each St Paul's grad would understand, the invitation to let God into our daily life and work brings its own invitation to be open and creative in identifying and responding to the unmet needs and hungers of our day. We, the Grey Nuns are very grateful for the many ongoing opportunities to serve in the neighborhoods surrounding St. Paul's Hospital. We give thanks for the presence of the Alumni of St. Paul's Hospital School of Nursing here in Saskatoon. We continue to share in the same spirit that led to the foundation of the work we shared together in St. Paul's Hospital and is the foundation of the stance with which each of us faces the future.

Sr. Carol Borreson, s.g.m.

Greetings to St. Paul's Hospital School of Nursing Alumni!



Our Foundation and the St. Paul's Hospital School of Nursing Alumni have a long and supportive relationship. Many of you have volunteered with or contributed financially to our Hospital and Foundation, and thanks to an endowment fund from the

Nurses' Alumni in 1991 and subsequent donor contributions, the Foundation now provides up to \$90,000 in professional development opportunities annually to employees of St. Paul's and the Saskatoon and District Health Region.

As a highly reputable teaching and applied research Hospital, we appreciate the educational legacy brought to our facility by the St. Paul's Hospital School of Nursing. This year, our Foundation will be furthering acute-care teaching in our Hospital by raising \$4.2 million to acquire the most modern technology for all eight of St. Paul's Hospital's operating theatres. Not only will these advancements improve efficiencies and positively impact patient care, they will make it possible to teach without having to bring students into the theatres. The educational potential is astounding!

Saskatoon is very fortunate to have a strong group of committed healthcare professionals working in the Palliative Care field including the 12 bed Palliative Unit in our Hospital. Our Foundation supports their efforts to provide the very

best end of life care possible, and believes the development of Saskatoon's first permanent hospice is critical. Having already received approvals from our Hospital Board, Saskatoon Regional Health Authority and the Catholic Health Corporation of Saskatchewan to acquire the Glengarda property on Hilliard Street from the Ursuline Sisters, there are just a few more steps ahead of us before we can purchase this building that will become home to Saskatoon's first hospice. We look forward to further discussions with our community as we plan our fund raising campaign for St. Paul's Hospice!

We are grateful to your alumni for your ongoing work to preserve the memory and spirit of St. Paul's Hospital School of Nursing, an important part of our teaching history and medical care at St. Paul's Hospital. The groundwork that you laid continues to ring true in our hearts and in our minds as we work to create a community of health, hope and compassion for all.

*Bruce Acton, CEO,
St. Paul's Hospital Foundation*

St. Paul's Hospital Foundation
1702 20th Street West
Saskatoon SK S7M 0Z9
Phone 306-655-5821
(toll free: 1-888-345-0330)
www.sphfoundation.org

Greetings to St. Paul's Hospital School of Nursing Alumni



St. Paul's Hospital

St. Paul's Hospital has a strong partnership with St. Paul's Hospital School of Nursing Alumni. You have helped shape and define us – creating a lasting legacy of quality education and training at our Hospital. In your careers as nurses, many of you have provided compassionate, holistic care to

our patients and families. Some of you have also supported us financially and through volunteer work. We are so grateful for all of the ways you support us. This year we are looking forward to working with you to relocate the Nurses' Alumni display cases to a prominent area in our Hospital to better display the significant impact you have made on St. Paul's.

This year has seen continued and impactful growth at our Hospital. With capacity rates maintaining high levels, we are significantly improving efficiencies in patient flow, as well as making advancements in housekeeping and infection control. Ethics continues to be an area of focus and leadership with the W.F. Mitchell Bioethics Seminar drawing a record crowd for Dr. Margaret Somerville's presentation on Physician Assisted Suicide last November.

With the incredible support from our community of donors, we have been able to purchase a new endoscopic ultrasound scope, an advanced imaging and biopsy ultrasound, a mini C-Arm x-ray scanner, and are moving forward with plans to install a new SPECT-CT in 2015!

As an independently-owned Hospital, we strive to uphold the tradition of compassionate and holistic care taught to us by the Grey Nuns. Part of our holistic approach is the care we extend to families, community and also to our employees. I am very pleased to report that our Hospital is the first work site in the health region to reach the targeted 50% reduction in shoulder and back injuries for 2014-15. We care about our employees, and value their dedication and commitment to St. Paul's Hospital.

I know 2015 will be another year of strong partnerships, challenges and successes and I look forward to a continued deepening of our relationship with you - our School of Nursing Alumni!

Jean Morrison
President and CEO, St. Paul's Hospital (Grey Nuns) of Saskatoon

COMMITTEE REPORTS

Welcoming and Membership

For 2015, 959 Newsletters will be sent; 420 by regular mail and 539 by email.

The paid memberships for 2014 have dropped dramatically to 253 from 349! For nurses receiving their letter by email you don't have to print off the membership form but rather just write your identification on a piece of paper to send with your cheque. The revenue received from memberships hopefully will pay for the printing and distributing of the newsletter.

If you are unable to enjoy reading the letter on line and or don't have a printer, a printed copy sent in the regular mail can be requested.

- The attendance at our three yearly meetings continues to be approximately 60.
- The Help to Find List uncovered the whereabouts of eight nurses.

Presently all of our alumni members are seniors. This brings about downsizing and relocating to new living arrangements. Without the help of all of you I couldn't keep the membership list current.

With sincere appreciation for your assistance I thank you.

Reta Taylor (Watton '63)

In Memoriam

1933 Pepper, Edna (Moore)
1935 Comper, Gabrielle (Dube)
1939 Gettle, Inez
1940 Stuart, Marguerite (Coflin)
1941 Allardice, Mabel (Smith)
1942 Bennett, Alice (Roberge)
1942 Welsh, Eileen (Gillanders)
1942 Ziebert, Olga (Larue)
1944 Hardy, Hazel (Friesen)
1944 Kassa, Eva (Poth)
1945 Wilton, Gladys (May)
1948 Cote, Theresa (St.Arnaud)
1948 Frankel, Vivian (Hendren)
1949 Maloughney, Kathleen (Speltz)

1949 Olson, Audrey (Dawson)
1950 Clark, Dorothy (Stewart)
1950 Mullie, Ruth (Frey)
1950 Slezak, Helen (Lipka)
1951 Dust, Eileen (Stone)
1951 Lavoie, Gertrude (Prince)
1952 Olson, Ella (Rolles)
1953 Dorosh, Margaret (Kaufhold)
1955 Drabinasty, Elizabeth
1955 Leclerc, Alma (Bley)
1956 Clark, Anna (Hunter)
1957 Mastrianni, Carol (Schafhauser)
1957 Williamson, M. Louise (Archer)
1958 Squires, Irene (Steinsvoll)

Help Us Find

1969
Susan Slocombe (Baillie)
Barbara Camire (Green)
Merle Fedak (Sawchuk)

1968
Bonnie Parfitt (Fennell)
Sharon Jordan (Spilak)
Lana Boyko (Stewart)

1967
Carol McIlwrick (May)
Dorothy Stickney

1965
Elaine Saunders (Phillips)

1963
Odile Naigle (Valmont)

1962
Donna Lemieux (Casey)

1960
Marlene Pick (Sutherland)

1956
Adeline Wood (Samborski)

1955
Irine Hilton (Eспенant)

1951
Marjorie Francis (Cook)
Dorothy Hughson (Jennison)
Joyce Peebles (Stevenson)
Ruth MacDonald

1950
Arlene Bowman (Patton)
Minnie Herman

1948
Margaret Larson (McQuaig)

1947
Isabella Bird (Normand)
Marjorie Hutcheson (Wright)
Yvonne Wardin (Walko)

1945
Eileen Pirot (Lee)



Cards and Flowers

Flowers were sent to St Paul's Hospital Chapel for Easter.

Rosebowl/flowers were sent or delivered to 9 hospitalized Alumni members.

Sympathy cards were sent to 18 Alumni members or families.

"Thinking of You" greetings sent to 5 Alumni members

Get well card sent to 1 Alumni member.

Prayer cards sent to 2 Alumni members.

Special thanks go to Sharon McCallion for offering and looking after Cards and Flowers for December.

Thank you to all who notified us regarding hospitalization of an Alumni member, or death of an Alumni member, spouse, child or parent of an Alumni member.

Please continue to notify by phoning Mary Stang.

Mary Stang '57

Honor Guard

In 2014 the Honor Guard was privileged to serve on the following occasions:

1. Mass of Christian Burial for Theresa Saunders (Clarkson '52)
2. Memorial Service for Wilma Andal (Herlen '44)
3. Mass of Christian Burial for Rita Kusch (Pajot '43)
4. Mass of Christian Burial for Alma Leclerc (Bley '55)
5. Mass of Christian Burial for Eileen Dust (Stone '51)
6. Mass of Christian Burial for Dr. Walter Kost

We have had a remarkable number of Alumni in attendance at the remembrance services.

Thank you to all the Alumni who participated and those who helped organize the Honor Guard.

All Alumni are encouraged to join the Honor Guard. Families are very appreciative of our attendance and find it very meaningful.

Caps and Capes are available from the Alumni archives.

Elaine Uhryniw (Madson '61)

Program and Social

We had three meetings this past year with an average of 55 nurses attending. Our May meeting was a luncheon at the German Cultural Club. In September, we had the pleasure of another anniversary class of 18 attendees with many memories to share. The Christmas supper at the Saskatoon Club, as always, was enjoyed by all.

As many of our members are advanced in age, we are leaning towards table service, as opposed to buffet style.

The next meeting will take place on Monday, May 11, 2015 at the Saskatoon Golf and Country Club.

Mary Humen (Fedeyko '66)
Cecile Poilievre '58



Home Visiting

We had the privilege to visit twelve SPH School of Nursing Alumni Members residing in long term facilities, assisted living and private care homes. Many were very appreciative of the gift and visit. It seemed it was more important that St. Paul's Hospital School of Nursing Alumni has not forgotten them especially at Christmas time. In several instances, no words were spoken, no sign of recognition given. I believe just a comforting word and a gentle touch was enough to let them know "someone cares", the Alumni cares...

This year, each nurse visited received a Christmas package which included a small decorative Christmas tree, lotion, "merci" chocolates and a hand-made bedside quilted bowl (can be used for bedside knick-knacks).

Thank you to Bernadette Stickler for her help with visits to our Alumni Members and to Reta Taylor for her continuing support in providing information and updates.

Rosemarie Normand (Kiefer '67)

The following is a list of the Alumni Members visited:

1. Annette Popoff (Popoff '49)
2. Jean Gauley (Briggs '43)
3. Stephanie Kwaznitza (Novak '58)
4. Margaret Ardell (Skarsgard '46)
5. Lorraine Gryschuk (Willett '56)
6. Martha Henriet '44
7. Frances Bentley (Seabrook '42)
8. Dora Elian (Addison '48)
9. Angela Knowles (Ulsifer '50)
10. Beverley Halbauer (Angman '50)
11. Alice Schneider (Conway '51)
12. Ida LaFreniere (Knutson '58)

Scholarship

There were a total of five enquiries and four applications received for St. Paul's Hospital School of Nursing Alumni Scholarships for the year 2014.

The money available was:

- \$4000.00 SPH School of Nursing Alumni Scholarships
- \$1000.00 Class of '59B – honoring the 55th anniversary of their Graduation from SPH School of Nursing.

Scholarships were awarded to:

1. Jessica Key, granddaughter of Fay Key (Harriman '51) received St. Paul's Hospital School of Nursing Scholarship of \$2000.00. Jessica has a BSN and 3 1/2 years of acute care experience. She has been accepted into the Nurse Practitioner Program at the University of Saskatchewan, Saskatoon, SK.
2. Julie Spizawka, granddaughter of Bernice Ritz (McGrath '48) received St Paul's Hospital School of Nursing

Alumni Scholarship of \$1000.00. Julie is in the 3rd year of the SCBScN Program at the University of Regina, Regina, SK.

3. Paige Gerwing, granddaughter of Rosella Grise (Liefers '58) received St. Paul's Hospital School of Nursing Alumni Scholarship of \$1000.00. Paige is in 2nd year of the SCBScN Program at the University of Regina, Regina, SK.
4. Courtney Rosenberg, granddaughter of Charlotte Rosenberg (Pulvermacher '59) received a special \$1000.00 Scholarship from the Class of '59B. Courtney is in 1st year of the BSN Program at the University of Saskatchewan, Saskatoon, SK.

Congratulations to these young people. We wish them the best in their chosen careers!

Joyce Lenz (Greve '59) Convener
Agnes Valade (Kirchgesner '60)
Gloria Lynch (Schindelka '59)

Archives

Lost Identity

I was found in the Archives room by the Archives Committee. I'm dressed as a student nurse and have a purple band on my left sleeve. My uniform was badly stained but looks much better since Marlene washed & ironed it. No one seems to know what year I wore this uniform. It must have been the 30's or early 40's because everyone I ask has no memory of me. I don't even know why I have that band on my sleeve or what it represents. My wish is to be in the display case with the other dolls. Can you help with my identity crisis? I would be so grateful!



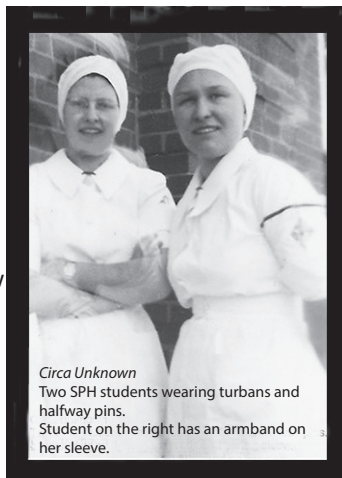
The Archives Committee has had quite a quiet year. We are in the process of doing a general inventory of the contents of all the archive boxes and have now completed the inventory on 26 boxes. This is a slow process and will continue in 2015. We have not yet made a decision about the purchase of a router for the computer. We are doing our cataloging in Excel and once that is finished, hopefully, we will be able to upload the files to the Saskatchewan Council of Archives and Archivists website. Once we have finished the inventory of the boxes we will inventory the framed photos we have. There are quite a few and some are quite old. Unfortunately most are not labeled and we have no provenance for most of them but we will at least have a record of the subject matter.

Marlene refurbished another of our uniformed dolls and her uniform and cap are now spic and span.

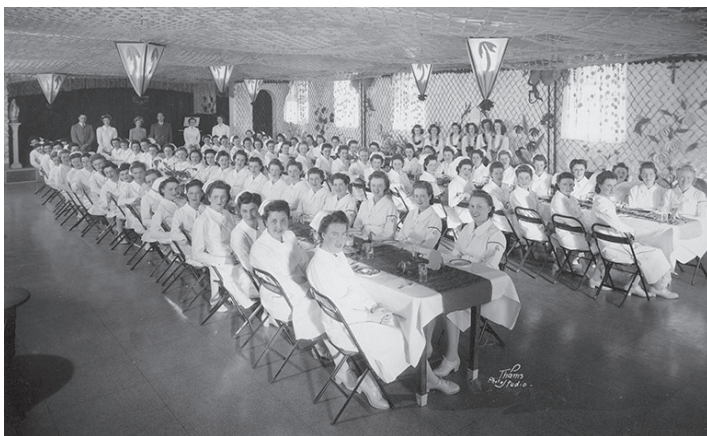
We have also been involved in discussions regarding the relocation of the Alumni display cabinet.

Marlene Davis has continued to organize and file the many obituaries and funeral cards we receive each year. Thanks to Marlene's hard work this file is now up to date.

Diane Jensen '65
Marlene Davis (Welk '57)



Circa Unknown
Two SPH students wearing turbans and halfway pins. Student on the right has an armband on her sleeve.



Banquet picture showing students wearing armbands
Circa unknown

Newsletter

The learning curve was steep, the challenges constant, the frustrations frequent but the experience was rewarding. Our "guidelines" were the lessons learned from Mercedes Montgomery (Cheveldayoff '53) and Lily Krause (Baergen '58). Thank you.

There are no words to adequately express my appreciation to Kay Turner (Fitzmaurice '64) and Elaine Uhryniw (Madson '61) for their dedication and diligence. Others assisted along the way and we want you to know that we are grateful for your help.

- Reta Taylor (Watton '63) for addressing envelopes for the mail out.
- Diane Jensen '65 and Sharon McCallion (Smith-Windsor '65) for helping with the electronic delivery.

We made recommendations for consideration at the Annual general Meeting.

1. The Newsletter Committee continue to be comprised of 3 members.
 2. For the "In Memoriam" we use the calendar year January 1 to December 31.
 3. The names on the "Help Us Find" prior to 1950 be eliminated.
- These recommendations were accepted.

The cost for producing and delivering the Newsletter comes from the Membership Renewals. Since this is our source of funding, an accounting is imperative.

COSTS

• Layout @ \$35.00/page x 12 pages	\$ 420.00
• Printing @ \$2.13/copy x 550 copies	\$ 1169.70
• Stamps	\$ 392.39
TOTAL	\$ 1982.09

Other costs e.g. paper, envelopes, ink cartridges have not been included.

DELIVERY

• Postal mail out	
Canada	465
USA	50
International	2
• Hand delivered	3
• Electronic delivery	506
TOTAL	1026

There have been subsequent requests for both postal delivery and email. They have not been included in the total.

The cost of printing and delivery of the Newsletter will be higher this year, primarily, due to the increase in Canadian postage from \$0.63 to \$ 0.85 + taxes. There has been a drop in Membership Renewals from 349 in 2013 to 253 in 2014. We are receiving more requests for a "paper copy" in the mail. We will need to decide if producing and delivering the Newsletter in its present format is sustainable. Some options might include:

- **Reverting to a black and white format.**
- **Increasing membership fees.**
- **Delivering only by email and to those members who have renewed their memberships.**

Food for thought.

Next year is a Reunion Year so Chapter and Committee Reports are due Dec. 31, 2015.

Dennise L. Martin '59
Kay Turner (Fitzmaurice '64)
Elaine Uhryniw (Madson '61)



Greetings from Calgary

The Alumni members continue to meet for lunch twice a year, we are pleased as we have a core of about 20-22 members. Again, these luncheons are filled with wonderful conversations, sharing of events in one's life and of course laughter. At times, we have been fortunate to have Alumni in Calgary visiting their classmates and able to attend the luncheon, giving them the opportunity to meet with others they may have known or worked with. Without a doubt, the Alumni is similar to the "impending climate change" evidenced by the increasing number of our members who now reside in Senior Lodges, Nursing Homes and are not able to attend the outings. However, there are many who full of vim and vigor are very robust in their daily lives, continuing to have positive influences in their families and the community at large.

We wish all a Happy and Healthy 2015.

Shirley Wormsbecker (Kolibar '66)



Rose Fortier (Martin '56), Lorraine Zeiler (Brossart '56), Marcella Kosolofski (Kozlowski '56)



Marcella Kosolofski (Kozlowski '56), Lorraine Zeiler (Brossart '56), Shirley Wormsbecker (Kolibar '66), Ethel Ryckman (Watson '51), Pat Currie (Kouri '51)

Greetings from Ottawa

"The Dolls from St. Paul's", Ottawa branch, like the rest of us everywhere are getting a little "older and wiser", carry on doing the things we love doing, seeing each other when we can, and always share great memories of our time at Saskatoon, training to be nurses. Even though some of us are feeling a little rust here and there, some of us travel, others curl, play bridge, volunteer etc. A spring luncheon will bring us together for a visit and camaraderie.

Marge Larson (Cronkite '55)

Warm Greetings from Edmonton

My sincere apologies to our Edmonton Chapter members for not submitting a report in the 2014 Newsletter.

Our group met for lunch twice in 2014, June 4 and October 15, at the Petroleum Club with 17 in attendance.

We all anticipate these occasions and take great pleasure in sharing food and fellowship.

Since the Petroleum Club, sadly, is closing its doors at the end of 2014 we have made plans to meet at the Royal Mayfair Golf Club in 2015. The dates for our lunches are:

- June 5, 2015
- October 21, 2015

We have observed that the bond among St. Paul's nurses seems to gain strength with age!

Our thanks to the Saskatoon Chapter for all their fine work.

We continue to update any changes to our membership contacts. If there are changes, please contact Edna Nichols by phone or email.

Pat Choma (Scherman '60)
Edna Nichols (Northridge '64)

Regina Report

The Regina Alumni will be having a supper gathering at the Wascana Country Club in May. Anyone wishing to join us should call Marge Williams (Pearson).

Marge Williams (Pearson '58)



Keeping in Touch (cont'd.)

Hello from Victoria

We continue to meet for a luncheon at the end of February (the beginning of spring here on the coast). About 15-20 of out 35 members attend. Last year a survey of hobbies, interests, activities, books read and trips taken recently was done. Activities included: bridge, reading, sewing, knitting, cooking, crosswords, Sudoku, volunteering and of course, grandchildren. Books read included: Up and Down by Terry Fallis; Call the Midwife by Louise Penny; New York, Sarum and London by Edward Rutherford; and Thomas King's The Inconvenient Indian which is a selection in this year's CBC Canada Reads competition; destinations were; Israel, Hawaii, New York and Quebec City (river cruise), England, Spain, Europe, Ireland, Netherlands and South France (cruise) and the Seattle Flower Show.

If you visit Victoria and wish get in touch, please contact: Marj Larkin (Drennen '52) or Verna Lovell .

Verna Lovell '60

Hello from Lloydminster

Last year our newsletter report told about our amazing Alumni member, Edna Pepper (Moore '33), who was 103 years old. Sadly, our dear Edna passed away in July. Some of the Alumni were able to be part of a nursing Honor Guard at her funeral. Edna was such an inspiration to us all and she will be truly missed.

Our Alumni, here, in Lloydminster still meets twice a year - spring and fall. We have about 12 members from Lloydminster and area. This year we welcomed a St. Boniface grad to our Alumni gatherings as she had no Alumni in the area. Since St. Boniface is also a Grey Nuns Hospital, we felt she was a close "relative" of our nursing sisterhood and so she fit right in!

Many of our Alumni members are "snowbirds" or "globetrotters", so when we get together we have interesting visits hearing about all their travels.

Our next luncheon is Tuesday, April 28, 2015.

Actually there is a strong bond among all the nurses in this community. Four times a year luncheons are held for all to attend. When needed, our Alumni joins with the other nurses to provide an Honor Guard supporting the families in times of bereavement and recognizing the nursing career of the one who has passed on.

For further information, please contact Diane Popoff (Almond '68) by phone or email.

Diane Popoff (Almond '68)

Greetings from North and South Okanagan

We met for our annual get together May 14, 2014 with 14 attending the luncheon at Perkin's Restaurant in Kelowna. Everyone seemed to have had an enjoyable time exchanging news from the past year.

We voted on two changes to our yearly meetings:

1. for the North and South Okanagan Members to continue to meet together;
2. to meet in the spring when driving conditions would be better and the "snow birds" will have returned.

We are also hoping for a larger group to attend next year.

Carole Shirley (Brown '67)

Famous Living Quarters Story

Leaving residence after graduation we were faced with finding a place to rent. Where could we find one? In 1954 there were no apartments, only meager, ugly basement places.

While walking down Ave. H one day we saw a sign: "Suite for Rent". Up the steps we rushed. An amazing surprise awaited. We were taken down stairs to an unbelievable sight. The "Suite for Rent" had a dirt floor but Bev spied a sewing machine, a SINGER SEWING MACHINE. The lady said that we could use it and Bev liked to sew. Bev wanted so much to say we'd take this sad place. I literally dragged her up the stairs before she could say another word.

A rude awakening to the real world. Blessings to all.

Rudelpha Paraschuck (Diederichs '54)

Bev Hodson (Maclsak '54)

Our Motto

"In Minimis Perfectio"



***Our Colours
Garnet and Gold***

Honor Guard: A Tradition

There is no denying the impact of the pageantry and visual effects that an Honor Guard lends to any occasion. This is always the reaction of others when St. Paul's Hospital School of Nursing Honor Guards attend any ceremony. It has become a tradition but when did it start? Who was the author of this special tribute and who carried it forward?

Mary Stang '57 recalls that there was an Honor Guard of student nurses initiated by the Director of Nursing Education in the '50s. The occasion was to attend the funeral of the mother of a fellow student. The students, in uniforms and capes, travelled by bus to Third Ave. United Church. There is no mention of the event in any of the Whitecaps of that era. Was this when the seed was planted?

To write a complete history of the tradition would require a more extensive search. So for our purposes, documentation from 1990 forward is being used. There are two exceptions from previous years that are worthy to note. In 1982, for the 75th Anniversary of SPH, an Interdenominational Service at Circle Drive Alliance Church was attended by over 20 Alumni, in uniform with right side of the cape draped over the right shoulder to expose the red lining against the navy blue exterior. A spectacular sight. The other was from 1989, a Candle Light Ceremony to mark the opening of "A Wing". Over 85 nurses, in full uniform, including non-alumni nursing staff attended. Did the tradition begin with either of these?

Minutes from a General Meeting of 1990 indicate that Honor Guards were present for the funerals of Hallie McKay (Mathewman '28) and Dr. J. Leddy. The minutes from the following year identify that the Honor Guard was present for the funeral of Eunice Slobodzian (Joys '48). There is no further mention, in the minutes, of any other Honor Guard attendance until November 24, 1992 when they were in attendance for the funeral of Bishop James Mahoney, Bishop of the Diocese of Saskatoon. Although the names of the deceased were included in the minutes they were not published in the Newsletter until 2002.

On some occasions the Alumni attended and participated at funerals outside of the City of Saskatoon. One such occasion was in early 1999, when Mary Stang '57 requested and received two capes to be used for the funeral of a first cousin who was also a nurse. Thirteen nurses, mainly relatives, including two of our Alumni, formed an Honor Guard in Macklin, SK. In 2005 an Alumni Honor Guard travelled to Englefeld, SK. to attend the funeral of Susan Waite (Breker '31). Again, on Feb.10, 2010 Alumni members went to Kenaston, SK. for the funeral of Hettie Ouellette (Murphy '50). Lily Krause (Baergen '58) and some of her classmates journeyed to Watrous to be present at the funeral of a classmate, Marlene Gibney (Young '58), in 2012. For logistical reasons the practice of arranging Honor Guards outside the city was discontinued and in 2012 guidelines were written. Previously direction was handed down from one Honor Guard Committee to the next "by word of mouth." Arranging and participating in out of city Honor Guards is up to individual members.

In 2007 a final tribute was paid to Keith E. Burbridge, husband of Joan Burbridge (McNeill '56). The Honor Guard was the Alumni's visible way of saying "Thank You" for his years of service to the Association in financial matters. This appears to have been the first time that someone not associated with the hospital or a member of the clergy received this tribute. In 2010 the Honor Guard joined 100 other nurses, in and out of uniform, for the funeral of Lee Anderson, a non-alumni nurse who had given 30 years of dedicated nursing service to SPH. There were 25 nurses in uniform in attendance that day. Was this another first?

One of the largest turnouts for an Honor Guard was for the funeral of Marjorie Constantinoff (Armstrong '52) where over 30 Alumni members were in attendance. The smallest would appear to have been, at the family's request for only 3 so they would not outnumber the congregation, for the small memorial for their mother. Family's wishes are always honored. This was the case for the funeral of L. Viola (Dot) Renny (Daly '49) when Elaine Uhryniw (Madson '61) was asked by Dot's son to deliver a tribute to his mother. With the help of Mary Stang '57 and Reta Taylor (Watton '63) Elaine's memory was "tweaked" then "edited" and she delivered a "Tribute to Our Mrs. Renny" as she was fondly known to all of the students.

Not all occasions, for the presence of an Honor Guard, were funerals. There were also celebrations. Father Rekowski retired, in 1981, after 10 years as chaplain at the hospital. The Alumni Honor Guard was there to help him celebrate the occasion. Then from the 1994 Newsletter, President's Message "An Honor guard consisting mainly of SPH Nurses Alumni attended a service for the 50th Anniversary of the Catholic Hospital Association of SK. in October. The smiles and comments of the nurses and various orders of Sisters present were noteworthy e.g. "This is beautiful; I haven't seen anything like this in years"..." M. Stang '57. For the launch, in 2008, of 100th Anniversary of the hospital, 29 nurses were there, in full uniform including capes, underneath a tent, in a raging Saskatchewan summer storm complete with thunder claps for a "drum roll" effect. That same year SPH participated in Doors Open. We were there to act as guides and hostesses. The bond between St. Paul's Hospital School of Nursing and St. Paul's Hospital is very visible and concrete as we celebrate these milestones. Included in these celebrations are our own reunions.

Families are generous in their praise and spoken appreciation.

Witnesses are impressed.

The Spirit of St. Paul's Hospital School of Nursing is "staunchly and proudly" alive and well in this the 90th Anniversary of the founding of our Alumni Association.

*Dennise L. Martin '59
Elaine Uhryniw (Madson '61)*

The Tradition continues



*Alumni
Honor
Guard*

Note of Interest:

Pictured in recent Honor Guard photos are Glynn Sully (Reynolds '46), Elsie Johnson (Shepherd '48), Phyllis Kachur (McGill '49)

Class Reunions

1954

A very special Saturday, September 20, 2014 at the Hotel Sheraton, in a private dining area, 20 classmates were to gather for a Prime Rib Dinner; 18 came, one from Calgary went to RUH on arrival and one from Kindersley had a heart attack. We were saddened by the illnesses of Geri and Julie but so happy to see these wonders that looked like they could function for at least an hour on a nursing unit.

Mentioning some of those who were there:

- June Innes (Swarbrick) and her daughter from Frontier brought so much joy and delight.
- Vivian (Harvey) and Bill Patrick, always a joy with Vivian always independent and a joy to be around.
- Leona Beamish (Nielsen) from Lloydminster being such a nonchalant mixer, had every one give their past histories, great fun.
- Rita Bernatchez (Freeman) came all the way from California.
- Ruth Spicer (Kimmett) and Pauline St.Arnaud (McNeil) came from Edmonton.

- Lilian Weninger (Boechler) arrived from Medicine Hat.
- Diane Bickle (Roberts) was here from Regina.

Sunday, September 21, 2014, the fall General meeting was held at the Travelodge Hotel. Brunch was enjoyed, followed by the meeting which was interesting and informative. The honored class was introduced by Rudelpha Paraschuk (Diederichs) with thanks to the Social Committee for the arrangement of the tables. Each of the class was presented with a long stem red rose. Very touching and nice. Rudelpha then read a noteworthy article "Seniors don't apologize for not Being Green."

A memory table was set up displaying souvenirs from past reunions. Thank you to Vivian for showing her collection.

Thanks to the classes of February and September 1954 for your correspondence, enthusiasm, and response by mail, email or by phone. All enjoyed hearing any news I had to share or report.

Keep in touch. The Saskatoon "8" meet every five weeks for lunch. We meet oftener if someone is visiting. I was privileged to receive the correspondence from all.

Rudelpha Paraschuk (Diederichs '54)

Class Reunions (cont'd.)

1964

To mark our 50th year since graduation, a hastily organized gathering was held in Edmonton on October 23, 2014. Several local classmates including; Sylvia Malloy (Derbowka), Vera Prest (Walz) and Joanne Olafson made a huge effort to contact former classmates. The result was a perfectly lovely day.

We had 15 in attendance, as well as 7 brave partners. It was also the 50th wedding anniversary of Betty (Puype) and Bill Porter. How very fitting that was! We had a simple lunch at the Edmonton Petroleum Club where we had opportunity to share the events of our lives and tell many stories.

My husband and my son came to take pictures. They said it was a "jaw dropping" privilege to hear these women speak so freely about their diverse life experiences. It was a beautiful October day so, in the absence of any further planned entertainment, we invited all to our nearby downtown condo which has a spectacular view of Edmonton's river valley. Conversation with much laughter carried on throughout the afternoon and was topped off with a dinner at Earl's.

We thank all who came from Saskatoon, Calgary, Vancouver, Leduc, St. Albert and Edmonton. Vera Prest (vprest@shaw.ca) is compiling a current contact list for the Class of '64 which will be made available soon.

We look forward to staying in touch with each other

Edna Nichols (Northridge '64)



Back row: Dianne Heath (Holberg), Olga Maguire (Gutiw), Betty Porter (Puype), Carol Baillie (Nordstrum)

Third row: Lois Ludwick (Gillen), Cathy Goodall (Geisbrecht), Elaine Deidrich (Gnadt), Joanne Olafson, Loraine Schultz (Christopherson)

Second row: Sylvia Malloy (Derbowka), Lynn Slater (Morham), Joan Unryn (Scherman), Vera Prest (Walz)

Front row: Betty Stubbs (Roesch), Edna Nichols (Northridge)

2015 Alumni Membership 2015

As Alumni of S.P.H. School of Nursing, we encourage you to be in good standing by maintaining your membership in our Alumni Association. Please complete the form and mail a cheque for \$10.00 to:

St. Paul's Alumni Association
c/o Diane Neufeld
734 Wilkinson Way
Saskatoon SK S7N 3L5

Name.....

Maiden Name..... Graduation Year.....

Address.....

..... Postal Code.....

Phone Number..... E-mail.....



Life members are encouraged to pay a membership fee. All cancelled cheques will be your only receipt as our mailing costs are becoming prohibitive.